



2010 Men's Track and Field Media Guide

Augustana Vikings

Augustana College | Rock Island, Illinois

Location Rock Island, Illinois

Founded 1860

Enrollment 2,500

President Steven Bahls

Chairman of Athletic Board Dr. Craig VanSandt
Associate Professor of Business

Director of Athletics Mike Zapolski

Head Coach Paul Olsen

Olsen's Office Phone (309) 794-7257

Olsen's Home Phone (563) 359-0702

Olsen's email paulolsen@augustana.edu

Assistant Coaches: Chad Thomas, Doug Sand, David Gonzalez, Luke Cooley, Mike Pettis, Ron Standley, Enyo Dewith, John Furlong

Sports Information Director Dave Wrath

S.I.D. Office Phone (309) 794-7265

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S.I.D. FAX Number (309) 794-7525

Head Trainer Rochel Rittgers

Assistant Trainers Denise Yoder and Anna Smith

Training Room Phone (309) 794-7518

Conference College Conference of Illinois & Wisconsin

CCIW Teams Augustana; Carthage; Elmhurst; Illinois Wesleyan; Millikin;
North Central; North Park; Wheaton

National Affiliation NCAA Division III

Team Name Vikings

Colors Blue & Gold

Home Track PepsiCo Recreation Center & Carver Physical Education
Center (indoors); Ericson Field/Alumni Track (outdoors)

Athletic Department Phone (309) 794-7521

Office of Admissions (309) 794-7341

Toll Free Number (800) 798-8100

Website Address www.augustana.edu

About Augustana College

Known for its balance of liberal arts with focus in a major field, collaborative research opportunities, competitive athletic teams and award-winning student activities programs, Augustana College is a selective independent college of the liberal arts and sciences related to the Evangelical Lutheran Church in America. The college enrolls approximately 2,500 men and women of diverse ethnic, religious and social backgrounds, from across the United States and around the world.

Augustana's athletic teams have won more championships than any other school in the College Conference of Illinois & Wisconsin. The Vikings own a total of 173 total team championships (135 men and 38 women) since the league began in 1946-47. Augustana is currently sixth in the nation in number of CoSIDA (College Sports Information Directors of America) Academic All-Americans produced in all sports, with 131 as of December, 2009. During the 1990s the Vikings finished third, trailing only Nebraska and M.I.T.

Home to a Phi Beta Kappa academic honor society chapter since 1949, Augustana grants baccalaureate degrees in more than 70 areas of study. Along with a competitive athletic environment, student-athletes can join one or several of the school's 150 student organizations or take advantage of Augustana's wide variety of opportunities for international study. Augustana has a student-faculty ratio of 11:1, and nearly 90 percent of the faculty hold the Ph.D. or the terminal degree in their field.



The following mission statement guides Augustana's liberal arts curriculum and student programs.

Augustana College, rooted in the liberal arts and sciences and a Lutheran expression of the Christian faith, is committed to offering a challenging education that develops qualities of mind, spirit and body necessary for a rewarding life of leadership and service in a diverse and changing world.

These goals and ideals also are reflected in the mission statement of the athletic department:

The Department of Athletics offers all Augustana College students an opportunity toward the development of the total person. Working in a cooperative and active learning environment and dedicated to imparting a lifelong awareness of health and wellness, our department assists students in the acquisition of dynamic skills, knowledge and fitness.

We value dignity, respect, diversity, accountability, communication and teamwork; and challenge each participant to achieve a sense of self confidence, pride, team unity, success and cohesiveness through competitive sport. Our programs support the mission of Augustana College by cultivating the individual in all facets of life within and without the competitive arena.

Where To Find Augustana Sports News

Information on the Augustana College athletic department is easy to find. Augustana Sports Information Director Dave Wrath maintains the schedules and press releases on the college's athletic department web page. It can be accessed at www.augustana.edu. Also, you may email Dave Wrath at davewrath@augustana.edu. The office phone number for sports information is (309) 794-7265.

The 2010 Augustana men's track and field media guide is presented as a service to all news media and friends of Augustana. The media guides are written and edited by Augustana Sports Information Director Dave Wrath. Photos in the media guide were taken by either Steve Woltmann or Jeff Amidon. Additional stories and pictures will be furnished upon request.



HEAD COACH PAUL OLSEN

The name Paul Olsen has become synonymous with Augustana cross country and track & field and with good reason. The energetic and enthusiastic mentor has been producing winning teams and individuals since the mid 1960's and he shows no signs of slowing down. He took over the head cross country coaching position in 1966 and he assumed the reigns of the track & field program in 1969. He just completed his 43rd year as the head cross country coach and this spring will be his 41st season as the head coach in track & field.

Through it all, success has been his constant companion, no matter whether the sport is cross country or track & field. In those 43 cross country seasons he has led the Vikings into the NCAA national meet a total of 24 times, including appearances in the last two years (15th in 2007 and 21st in 2008). Ten times during his illustrious career his teams have been in the top 10 in the nation and his 1980 unit placed second, just four points shy of a national title.

Augustana has won two College Conference of Illinois & Wisconsin cross country titles in the school's history and both have come under Olsen. The Vikings have placed second 26 times under his tutelage including 16 times in the last 21 years. Only twice during the last 43 years have his teams finished as low as fourth in the conference. Five individual Augustana runners have won a total of seven league titles and in national competition the Vikings have garnered 22 All-America certificates and three individual national titles.

He has served as meet director of the NCAA Division III national meet five times and his team has hosted the Midwest Regional 20 times since 1979. In 1996 and 2001 the Vikings hosted both the NCAA Midwest Regional and the NCAA Division III national meet.

His track & field resume is just as impressive as he has led Augustana to 11 CCIW titles and 32 runner-up finishes, 27 in the outdoor meet and five during the indoor championships. In the spring of 2008 the Vikings won the CCIW title for the first time since 1984 and finished the year ranked first in the NCAA Division III "Power Rankings". In addition, Olsen was named the NCAA Division III "National Coach of the Year" by the United States Track & Field and Cross Country Coaches Association. A total of 186 individuals and 20 relay teams have won league titles during Olsen's tenure in outdoor track and 17 individuals and five relay teams have claimed indoor championships, giving him an all-time total of 203 individual CCIW champs and 25 relay winners.

He has also coached a total of 150 NCAA Division III All-America selections in both indoor and outdoor track and 22 times Viking athletes have won individual national championships. The Blue and Gold has placed in the top 10 in the national meet 16 times including second place finishes in 1975 and 1981. In 2007 his team was eighth in the outdoor national championships.

He was inducted into the Illinois Track & Field Coaches Association "Hall of Fame" in January of 2004 and went into the Augustana "Tribe of Vikings Hall of Fame" in October of 2005.

A native of Onamia, Minnesota, Olsen came to Augustana after a teaching and coaching stint at Lincoln High School in Manitowoc, Wisconsin. During his first couple of years at Augustana he served as an assistant in both football and basketball before assuming full time duties in track and cross country.

Olsen is a man of many talents and interests. As a professor in the English Department at Augustana, Olsen ranks as one of the most popular teachers in the entire school with his classes in Black Literature and the Sacred and Profane consistently filled to capacity. In 1989 Olsen was one of just 120 teachers nationwide who were honored at the American Association for Higher Education convention in Chicago. He was the only Augustana faculty member named to the elite group. He has been selected by the seniors at Augustana to give the final lecture 10 times during his career. At one time he used to perform a one-person play entitled "Pilgrimage with Poets" that was highly acclaimed.

Olsen is a graduate of Luther College in Decorah, Iowa, where he was captain of the track team and a starter for the football team as a defensive back. He holds an M.A. and Ph.D. in English Literature from the University of Oregon. He resides in Bettendorf, Iowa with his wife Jeanne. The couple have a pair of sons - David, who is a former United States Navy S.E.A.L. and Eric, who is an actor and a student at Pepperdine University. Eric has appeared in several movies, including "Pearl Harbor", "Not Another Teen Movie" and "Arthur's Quest", and television shows, such as "ER", "Smallville" and "Get Real".



THE PAUL OLSEN RECORD AT AUGUSTANA

YEAR	CROSS COUNTRY			TRACK & FIELD		CCIW OUTDOOR	NCAA INDOOR	NCAA OUTDOOR
	DUAL MEETS	CCIW	NCAA	DUAL MEETS	CCIW INDOOR			
1966-67	7-5	3 rd						
1967-68	6-1	2 nd	17 th					
1968-69	4-4	4 th	—	2-5		1 st		35 th
1969-70	4-2	1 st	19 th	4-2		1 st		—
1970-71	6-1	1 st	12 th	4-1		2 nd		—
1971-72	2-1	3 rd	9 th	4-0		1 st		—
1972-73	3-3	3 rd	10 th	6-1		1 st		40 th
1973-74	4-1-1	3 rd	6 th	4-0		1 st		6 th
1974-75	2-3	2 nd	5 th	1-1		2 nd		2 nd
1975-76	2-4	3 rd	17 th	2-2		2 nd		25 th
1976-77	3-3	2 nd	14 th	3-1		2 nd		16 th
1977-78	4-2	2 nd	22 nd	4-0		2 nd		19 th
1978-79	2-4	2 nd	—	5-0		2 nd		34 th
1979-80	0-4	2 nd	4 th	5-0		1 st		4 th
1980-81	0-1-1	2 nd	2 nd	4-1		1 st		2 nd
1981-82	0-4	2 nd	17 th	1-0		1 st		10 th
1982-83	1-1	2 nd	—	1-0		1 st		20 th
1983-84	1-0	2 nd	—	1-0		1 st		10 th
1984-85	1-1	3 rd	9 th	0-1		2 nd		—
1985-86	1-1	4 th	—	2-1		2 nd		42 nd
1986-87	3-0	2 nd	8 th	0-1		2 nd		41 st
1987-88	1-1	3 rd	—	1-0		2 nd		61 st
1988-89	2-4	2 nd	19 th	0-0		2 nd		52 nd
1989-90	0-2	2 nd	11 th	0-0		2 nd		22 nd
1990-91	0-1	2 nd	11 th	0-0		2 nd		32 nd
1991-92	4-2	2 nd	11 th	0-0		2 nd		7 th
1992-93	3-0	2 nd	5 th	0-0		2 nd		9 th
1993-94	1-0	2 nd	9 th	0-0		2 nd		8 th
1994-95	0-0	2 nd	—	0-0		2 nd	6 th	5 th
1995-96	1-0	2 nd	—	2-0		2 nd	10 th	4 th
1996-97	0-0	2 nd	10 th	0-0		2 nd	10 th	—
1997-98	0-0	2 nd	—	0-1		2 nd	6 th	22 nd
1998-99	0-0	3 rd	—	0-1		2 nd	—	56 th
1999-00	0-0	3 rd	—	0-1		2 nd	27 th	56 th
2000-01	0-0	3 rd	—	0-1	2 nd	3 rd	30 th	62 nd
2001-02	1-0	3 rd	—	0-1	3 rd	2 nd	—	—
2002-03	0-0	2 nd	—	0-1	3 rd	2 nd	—	56 th
2003-04	0-0	2 nd	—	0-1				
2004-05	0-0	2 nd	—		4 th	3 rd	—	39 th
2005-06	0-0	3 rd	—	0-0	2 nd	2 nd	26 th	18 th
2006-07	0-0	2 nd	—	0-0	2 nd	2 nd	45 th	8 th
2007-08	0-0	2 nd	15 th	0-0	2 nd	1 st	46 th	16 th
2008-09	0-0	2 nd	21 st	2-0	2 nd	2 nd	11 th	44 th

THE VIKINGS ASSISTANTS



ENYO DEWITH - SPRINTS

Dewith, a 1976 graduate of Augustana, is one of the Vikings all-time great sprinters. A team captain in 1975 and a seven time CCIW champion, DeWith held the school record in the open 440 (48.2) and the mile relay (3:14.1). Both of those times are still good enough for third place on Augustana's all-time performance lists. A

fireman with the city of Rock Island, DeWith has a degree in studio art and was an NCAA Division III All-American selection in 1974.



DOUG SAND - DISTANCE

Sand is a former CCIW champion in the 800 who graduated from Augustana in 1985 with a degree in journalism. During the fall he serves as the assistant coach for the Vikings men's cross country team. He was an NCAA Division III national meet qualifier as a member of the mile relay team. He is currently supervisor of

the technical writing department at JTM Concepts here in Rock Island.



CHAD THOMAS - POLE VAULTERS

Thomas was a five time NCAA Division III national champion in the pole vault while attending Muskingum University during the early 1990's. He is currently a chiropractor in the Quad Cities area and he is the top consultant for high school pole vaulters.



LUKE COOLEY - SPRINTS

Cooley graduated from Augustana in 2000 with degrees in Management Information Systems and Management. He was a two time varsity letterwinner in track as a 200 and 400 meter runner. In 2000 he was voted 'Most Improved' runner. Currently employed as an information systems analyst at Modern Woodmen of America here in the Quad Cities.



MIKE PETTIS - HURDLES

Mike Pettis will begin his first year on the Augustana men's track & field coaching staff. A 2009 graduate of Augustana with degrees in business administration and speech communications. He was a four year letterwinner for the Vikings as a hurdler. Pettis is a native of Davenport, Iowa where he was a standout performer

at Davenport Assumption High School. He currently works as an admissions counselor at Augustana.



DAVID GONZALEZ - THROWERS

A former school and CCIW record holder, David Gonzales will be working with the throwers. A 2003 graduate of Augustana, Gonzales held the school record in the hammer throw outdoors and weight toss indoors. He won three straight indoor conference titles in the 35 pound

weight toss and took the shot put title outdoors in 2003, his senior year. He has the sixth longest discus throw in school history and he once held the conference record in the weight toss indoors.



RON STANDLEY - JUMPS

Ron Standley, longtime fixture in the Augustana athletic department, will help out the men's track & field program in a variety of ways this spring. He will serve as the interim head coach for the Vikings for the first month of the indoor season while veteran head coach Paul Olsen is teaching in the school's Holden Village

term. After he is done with his interim head coaching duties, Standley will coach the horizontal jumps and the multi-event athletes.

Standley is currently the head women's golf coach at Augustana and he was the co-head coach of the women's track & field team for a decade in the 1990's when the Vikings won 10 straight CCIW titles. He has helped in various aspects of both the men's and women's track & field programs ever since. A retired engineer, he worked for both Missman-Stanley & Associates and Rock Island County.



JOHN FURLONG - RECRUITING COORDINATOR

John Furlong is in his sixth year as men's track and field recruiting coordinator. Furlong, who at one time was both the head baseball and football coach at St. Ambrose University in Davenport, Iowa, has been a fixture at Augustana since 1990. He coached the

defensive backs and was the recruiting coordinator for the football team from 1993 until 2003. He is also the junior varsity baseball coach. Furlong is a graduate of Central College in Pella, Iowa and during his eight year stint as the head football coach at St. Ambrose he had the Fighting Bees in the NAIA playoffs three times.

2010 AUGUSTANA VIKINGS MEN'S TRACK & FIELD ROSTER

Name	Event	Yr.	Hometown (High School)
Jacob Adams	Distance	Fr	Palos Heights, Illinois (Stagg)
Don Anciaux*	Sprints	Jr	Iowa City, Iowa (City High)
Luke Anderson	Jumps/Javelin	Fr	Lemont, Illinois (Lemont)
James Annunziata	Sprints	So	Lombard, Illinois (Willowbrook)
Dan Bailey*** (C)	Distance	Sr	Deerfield, Illinois (Deerfield)
Brett Becker	Sprints/Jumps	Fr	Cuba City, Wisconsin (Cuba City)
Brian Benning	Throws	So	Winnebago, Illinois (Winnebago)
Brett Bernatowicz	Pole Vault	So	Downers Grove, Illinois (Downers Grove North)
Ryan Bertram	Distance	So	Bolingbrook, Illinois (Neuqua Valley)
Ryan Biesterfeld	Pole Vault	Jr	Elmhurst, Illinois (York)
Nick Borchert*** (C)	Sprints/Middle Distance	Sr	Ankeny, Iowa (Ankeny)
Matt Bowman**	Distance	Jr	Elburn, Illinois (Geneva)
Brendan Bradley**	Hurdles/Decathlon	Jr	Mundelein, Illinois (Mundelein)
Ryan Brown	Distance	Fr	Shelbyville, Illinois (Shelbyville)
Ryan Brummet	Middle Distance	Fr	Port Byron, Illinois (Riverdale)
Austin Bruns	Distance	Fr	Palatine, Illinois (Fremd)
Dane Burmeister**	Sprints	Jr	Crystal Lake, Illinois (Central)
Dean Burrier	Distance	So	Stow, Ohio (Western Reserve Academy)
Patrick Callan	Hurdles	Fr	Libertyville, Illinois (Libertyville)
Sean Carmody**	Distance	Jr	Rockford, Illinois (Winnebago)
Eric Chalus**	Pole Vault	Jr	Rochelle, Illinois (Rochelle)
Phil Christensen*	Throws	So	Maple Park, Illinois (Kaneland)
Thomas Christian*	Distance	So	Port Angeles, Washington (Port Angeles)
Chad Collins	Jumps	Fr	Dolton, Illinois (Thornridge High)
Mark Constantine*	Throws	Jr	Naperville, Illinois (Waubonsie Valley)
Nicholas Danzy*	Distance	So	Naperville, Illinois (Naperville Central)
Greg Davis*	Hurdles	So	Carlinville, Illinois (Carlinville)
Darin Decker*** (C)	Throws	Sr	Moline, Illinois (Moline)
Matt Deets*	Decathlon	So	Polo, Illinois (Polo Community)
Matt Dobronics	Jumps	Fr	Mokena, Illinois (Lincoln Way East)
Daniel Doubet	Middle Distance	Fr	Galesburg, Illinois (Galesburg)
Neil Driscoll	Distance	Jr	LaGrange, Illinois (Lyons Township)
Terence Enders	Middle Distance	Fr	Yorkville, Illinois (Yorkville)
Eric Erspamer	Distance	Jr	Bartlett, Illinois (Bartlett)
David Etheridge	Middle Distance	Jr	South Holland, Illinois (Thornwood)
Tim Faith-Rosley*	Middle Distance	Jr	Glenview, Illinois (Glenbrook South)
Pat Fritsch**	Distance	Sr	Bensenville, Illinois (Fenton)
Ethan Gale	Pole Vault	Fr	Oregon, Illinois (Oregon)
Mike Gillhouse	Middle Distance	Sr	Wheaton, Illinois (Benet Academy)
Brandon Gittelman*	Distance	So	Naperville, Illinois (Naperville Central)
B.J. Grayson	Sprints	Fr	Waterloo, Illinois (Waterloo)
Daniel Halleck	Middle Distance	Fr	Naperville, Illinois (Naperville Central)
Edmund Hamilton	Hurdles/Pole Vault	Fr	Moline, Illinois (Moline)
Thomas Harris	Distance	Fr	Davenport, Illinois (Assumption)
Brian Hart**	Distance	Sr	St. Louis, Missouri (University City)
Daniel Hearne	Distance	So	Mokena, Illinois (Lincoln Way East)
Kris Hinchley*	Middle Distance	Jr	Elmhurst, Illinois (York)
Patrick Hoefle**	Throws	Jr	Lena, Illinois (Lena – Winslow)
Paul Hurd	Middle Distance	Fr	Wilton, Iowa (Wilton)
Colin Johnson	Middle Distance	So	Deerfield, Illinois (Deerfield)
Nick Jones***	Sprints	Sr	Chicago Heights, Illinois (Homewood Flossmoor)
Rickey Jordan	Pole Vault	Fr	Palo Alta, California (Carlmont)
Brad Keating**	Distance	Jr	Cary, Illinois (Cary Grove)
Jarrett Kessel**	Middle Distance	Jr	Sublette, Illinois (Amboy)
Marty King*	Hurdles	So	Oswego, Illinois (Oswego)
Tim Koll	Javelin	Sr	Lake Zurich, Illinois (Lake Zurich)
Daniel Kwasigroch	Pole Vault	Fr	Park Ridge, Illinois (Maine South)
Jeff Lackaff**	Javelin	Sr	Downers Grove, Illinois (Downers Grove North)
Jason Langslet**	Middle Distance	Jr	Mundelein, Illinois (Mundelein)
Henry Lapka	Middle Distance	Jr	Naperville, Illinois (Waubonsie Valley)
Randy Lightfoot	Jumps	Fr	Minooka, Illinois (Minooka)
Nathan Maass*** (C)	Jumps	Sr	Naperville, Illinois (Naperville Central)
Kevin Macek	Throws	Fr	Orland Park, Illinois (Carl Sandburg)
Patrick Manser	Middle Distance	So	Elburn, Illinois (St. Charles North)
Dan Maturo	Pole Vault	Jr	Geneva, Illinois (Geneva)
Kyle McNicholas	Distance	Fr	Orland Park, Illinois (Carl Sandburg)
Alex Mikos**	Pole Vault	Jr	Wood Dale, Illinois (Fenton)
Ryan Miller*	Distance	Jr	Crystal Lake, Illinois (Crystal Lake Central)
Joe Murphy	Distance	Sr	Naperville, Illinois (Neuqua Valley)
Adam Myers*	Throws	So	Dixon, Illinois (Dixon)
Matt Nagel	Distance	Sr	Lake Zurich, Illinois (Lake Zurich)
Trung Nguyen	Sprints	So	Hanoi, Vietnam (Davenport West HS, Davenport, Iowa)
Matt Nykaza	Throws	Jr	Oak Lawn, Illinois (Brother Rice)
Andrew Nice*	Pole Vault	So	Caledonia, Illinois (Christian Life)
Vladislav Novikov	Distance	Fr	Palatine, Illinois (Palatine)
Dennis O'Flaherty	Middle Distance	Fr	Orland Park, Illinois (Carl Sandburg)
Jacob O'Rourke	Sprints	Fr	Bettendorf, Iowa (Davenport Assumption)
Devon Pace	Sprints	Fr	Byron, Illinois (Byron)
Greg Patton	Sprints/Middle Distance	Fr	Bloomington, Illinois (Bloomington)
Carl Peters	Pole Vault	Fr	LaGrange, Illinois (Lyons Township)
Max Petersen*** (C)	Sprints	Sr	Mundelein, Illinois (Mundelein)
Brian Pollastrini	Distance	Fr	Elmhurst, Illinois (York)
Tom Ries*	Distance	Sr	Iowa City, Iowa (Iowa City Regina)
Taylor Riley*	Middle Distance	Jr	Winnebago, Illinois (Winnebago)
Zach Riley**	Middle Distance	Sr	Winnebago, Illinois (Winnebago)
Alex Rindone	Sprints	Fr	Geneva, Illinois (Marmion Academy)

Steven Rogers	Middle Distance	Fr	Crystal Lake, Illinois (Crystal Lake South)
Bryn Sabadosa	Jumps	So	Oak Lawn, Illinois (Richards)
Chris Sally	Middle Distance	So	Deerfield, Illinois (Deerfield)
Joe Scheck	Distance	Sr	Lake Zurich, Illinois (Lake Zurich)
Ben Sharko	Middle Distance	Jr	Elmhurst, Illinois (York)
Brandon Shaver	Middle Distance	Jr	Bloomington, Illinois (Normal University)
Jonathan Smith	Distance	Fr	Moline, Illinois (Moline)
Justin Smith	Middle Distance	Fr	Bensenville, Illinois (Fenton)
Nathan Smith	Distance	Fr	Bensenville, Illinois (Fenton)
Matt Somers**	Sprints/Middle Distance	Jr	Naperville, Illinois (Naperville Central)
Jimmy Spidle	Sprints	Fr	Waukegan, Illinois (Waukegan)
Alex Stake**	Decathlon	Jr	Sherman, Illinois (Williamsville)
Matt Strickland	Middle Distance	So	Glendale Heights, Illinois (Driscoll Catholic)
Billy TenBusch*	Distance	So	Cary, Illinois (Prairie Ridge)
Mike Tisza*	Middle Distance	So	Prospect Heights, Illinois (Hersey)
Michael Tovar	Jumps	So	Chicago, Illinois (Mooseheart)
Colton Vankirk	Pole Vault	Fr	Rochelle, Illinois (Rochelle)
Greg Weigand**	Middle Distance	Jr	Wheaton, Illinois (Wheaton Warrenville South)
Mike Weiner	Middle Distance	Sr	Naperville, Illinois
Lucas Westblade	Distance	Jr	Hillsdale, Michigan (Will Carleton Academy)
Tim Whisler*	Throws	Jr	Des Plaines, Illinois (Maine West)
Ian Williams	Distance	So	Moline, Illinois (Moline)
Kyle Williams	Sprints	Fr	Lake Zurich, Illinois (Lake Zurich)
Ryan Williams	Sprints	Fr	Homer Glen, Illinois (Lockport High)
Billy Wissner	Distance	So	Mount Prospect, Illinois (Hersey)
James Wood*	Sprints	So	St. Charles, Illinois (St. Charles North)
Joseph Zahn	Middle Distance	Fr	Moline, Illinois (Moline)
Jimmy Zars*	Pole Vault	So	Elmhurst, Illinois (York)
David Zeko***	Hurdles	Sr	Sheridan, Illinois (Somonauk)
Patrick Zeunik**	Triple Jump	Jr	Bloomington, Illinois (Bloomington Central Catholic)
Chris Zook***(C)	Distance	Sr	Normal, Illinois (Normal Community)

HEAD COACH: Paul Olsen

ASSISTANT COACHES: Chad Thomas, Doug Sand, David Gonzalez, Luke Cooley, Mike Pettis, Ron Standley, Enyo Dewith, & John Furlong



2010 AUGUSTANA VIKINGS: 1st Row: Darin Decker, Tom Ries, Nick Jones, Max Petersen, Matt Nagel, Nate Maass, Mike Gillhouse, Chris Zook, Brian Hart, Dan Bailey, Zach Riley, Jeff Miller, Nick Borchert 2nd Row: Nick Danzy, Joe Murphy, James Wood, Pat Callan, Ryan Williams, David Zeko, Matt Bowman, Mike Weiner, Pat Fritsch, Brandon Gittleman, Thomas Christian 3rd Row: James Annunziata, Don Anciaux, Eric Ersamer, Matt Somers, Ben Sharko, Brad Keating, Lucas Westblade, Nathan Smith, Joe Zahn, Greg Weigand, Pat Manser, Kyle McNicholas, Billy TenBusch 4th Row: Phil Christensen, Brett Bernatowicz, Kevin Macek, Brian Benning, Bryn Sabadosa, Dan Hearne, Matt Strickland, Colin Johnson, Matt Deets, Jarrett Kessel, Taylor Riley, Paul Hurd 5th Row: Tim Faith, Randy Lightfoot, Andrew Nice, Jimmy Zars, Vlad Novikov, Alex Rindone, Brandon Shaver, Pat Zeunik, Jason Langslet, Brett Becker, Tommy Harris, Brian Pollastrini, Jonathan Smith 6th Row: Ryan Biesterfeld, Matt Dobronics, Alex Stake, Justin Smith, Jacob O'Rourke, Dennis O'Flaherty, Austin Bruns, Daniel Doubet, Carl Peters, Greg Patton, Steve Rogers, Jake Adams 7th Row: Trung Nguyen, Jimmie Spidle, Devon Pace, Colton VanKirk, Ethan Gale, Eric Chalus, Alex Mikos, Mike Tisza, Ryan Bertram, Chris Salley, Marty King, Terrence Ender, 8th Row: Dan Kwasigroch, David Etheridge, Adam Myers, Tim Whisler, Pat Hoeffle, Matt Nykaza, Brendan Bradley, Billy Wissner, Dan Halleck, Greg Davis 9th Row: Ron Standley, David Gonzalez, Chad Thomas, Head Coach Paul Olsen, Mike Pettis, Luke Cooley, Davarus Branigan.

Vikings hope to build on success after finishing last season #2 in the USTFCCA Power Rankings

ROCK ISLAND, Ill. – Legendary head coach Paul Olsen prepares to begin his 42nd year at the helm and has a stable of talented performers on his roster this season. Olsen is also receiving a major assist from Ron Standley, who will handle the head coaching duties before Olsen returns from an academic trip at the end of January.

The Vikings completed the 2009 season as the No. 2 ranked team in the final United States Track and Field Cross Country Coaches Association Power Rankings. The Blue & Gold held down the No. 1 slot for much of the outdoor campaign before finishing a strong second. Augustana won two indoor meets and three outdoor meets during another successful season. The team also placed second in the College Conference of Illinois & Wisconsin at the indoor and outdoor conference championship meets.

Seniors Dan Bailey (**Deerfield HS, Deerfield, Ill.**), Nick Borchert (**Ankeny HS, Ankeny, Iowa**), Darin Decker (**Moline HS, Moline, Ill.**), Nathan Maass (**Naperville Central HS, Naperville, Ill.**), Max Petersen (**Mundelein HS, Mundelein, Ill.**), and Chris Zook (**Normal Community HS, Normal, Ill.**) will lead the talented and deep squad as captains this spring.

EVENTS BREAKDOWN

SPRINTS – Petersen, junior Matt Somers (**Naperville Central HS, Naperville, Ill.**), and sophomore James Wood (**St. Charles North HS, St. Charles, Ill.**) return as key performers in the sprints. Petersen was named an ESPN – The Magazine Academic All-America selection last season after a superb year on the oval. He won the 100 and 200 individual titles at the CCIW outdoor meet and also anchored the 4 X 100 team to victory. Petersen was also honored as the squad's "Most Improved Performer." Wood was a part of the winning 4 X 100 and 4 X 400 relay teams while Somers ran on the top distance medley squad last season. Freshmen Alex Rindone (**Marmion Academy, Geneva, Ill.**) and Kyle Williams (**Lake Zurich HS, Lake Zurich, Ill.**) bring in impressive high resumes and should contribute this season.

HURDLES – Junior Brendan Bradley (**Mundelein HS, Mundelein, Ill.**) and sophomores Greg Davis (**Carlinville HS, Carlinville, Ill.**) and Marty King (**Oswego HS, Oswego, Ill.**) should all play major roles in the hurdle events, as the Vikings hope to use depth to help replace former national champion Ted McMillan. Davis was honored as the "Most Valuable Freshman" in track events last year after winning several hurdles titles at invitational meets, including a first place finish in the 400 intermediate hurdles at the CCIW outdoor championships. King was third in the 400 intermediate hurdles and also part of the winning 4 X 100 relay squad. Bradley placed fifth in the 400 intermediate hurdles at the CCIW meet. Freshman Patrick Callan (**Libertyville HS, Libertyville, Ill.**) is also expected to add help as well.

MIDDLE DISTANCE – Borchert was a part of the winning 4 X 400 relay at the CCIW outdoor meet, along with Davis and Wood. Both Wood and Borchert placed in the top four in the 400 at the same meet, finishing third and fourth respectively. Senior Greg Weigand (**Wheaton Warrenville South HS, Wheaton, Ill.**) took fourth in the 800 at the Lee Calhoun Relays and will also by

a key contributor. Junior Kris Hinchley (**York HS, Elmhurst, Ill.**) and sophomore Mike Tisza (**Hersey HS, Prospect Heights, Ill.**) should also be strong performers. Hinchley held the top indoor time on the squad in the 800 last year while Tisza was a solid runner in the 3000.

DISTANCE – Bailey, Zook, and sophomores Billy Wisser (**Hersey HS, Mount Prospect, Ill.**) and Billy TenBusch (**Prairie Ridge HS, Cary, Ill.**) should lead the charge in the distance events. Bailey won titles in the 3000 and 4 X 800 relay at outdoor meets while also qualifying for nationals in the 10,000. Zook is coming off of an impressive cross country season where he qualified for the national meet. Wisser held the top indoor time on the squad a year ago in the 5000. TenBusch is the top returner in the 3000 and the 3000 steeplechase. Seniors Brian Hart (**University City HS, St. Louis, Mo.**) and Tom Ries (**Iowa City Regina HS, Iowa City, Iowa**) join juniors Matt Bowman (**Geneva HS, Elburn, Ill.**), Sean Carmody (**Winnebago HS, Winnebago, Ill.**), and Brad Keating (**Cary-Grove HS, Cary, Ill.**) to make for a strong distance group. The cross country team was ranked in the top 10 nationally for much of the fall season and will help the track program this spring.

FIELD EVENTS – Decker and sophomore Phil Christensen (**Kane-land HS, Maple Park, Ill.**) form a tremendous 1-2 punch in the throwing events. Decker won the hammer and discus events while taking second in the shot put en route to being selected "Most Outstanding Field Event Performer" at the CCIW outdoor meet. Christensen came on late in the year in his first season with the Vikings, finishing sixth at the national meet in the discus to earn All-America honors. He also broke the school record in the discus that had stood since 1981 and was named the "Most Valuable Freshman" by his teammates in the field events.

Junior Alex Stake (**Williamsville HS, Sherman, Ill.**) returns as a versatile performer who will be used in the vault and long jump as well as the decathlon. He was a national qualifier in the decathlon a year ago. Maass, juniors Pat Zeunik (**Bloomington Central HS, Bloomington, Ill.**) and Eric Chalus (**Rochelle HS, Rochelle, Ill.**), and sophomore Andrew Nice (**Christian Life HS, Caledonia, Ill.**) will also be key contributors. Maass was fifth in the triple jump and seventh in the javelin at the CCIW outdoor meet. Zeunik qualified for the national meet in the triple jump last season. Chalus was the pole vault champion at the Early Spring Opener. Chalus and Nice took sixth and seventh respectively in the pole vault at the CCIW outdoor meet. Freshman Chad Collins (**Thornridge HS, Dolton, Ill.**) is also capable of adding depth in the jumping events.

2009 AUGUSTANA MEN'S TRACK & FIELD RESULTS

INDOOR

DATE	MEET	SITE	RESULT
01/17	Chicago Invitational	Chicago, Ill.	1st of 5
	TEAMS SCORES: 1. AUGUSTANA 158; 2. Chicago 155; 3. Olivet Nazarene 85; 4. Aurora 35; 5. St. Xavier 31		
01/24	Midwest Invitational	Monmouth, Ill.	1st of 5
	TEAM SCORES: 1. AUGUSTANA 282; 2. Monmouth 183.5; 3. Illinois Wesleyan 91; 4. Wartburg 61.5; 5. Knox 13		
01/31	Wartburg Dual Meet	Waverly, Iowa	W (128-64)
	TEAM SCORES: 1. AUGUSTANA 128; 2. Wartburg 64		
02/06	Warhawk Invitational	Whitewater, Wisconsin	5th of 8
	TEAM SCORES: 1. Wisconsin-Whitewater 165.5; 2. Wisconsin-Oshkosh 164.5; 3. North Central 114.5; 4. Chicago 80.5; 5. AUGUSTANA 71; 6. Loras 38; 7. Concordia 6; 8. Wisconsin-Parkside 5		
02/14	St. Ambrose Dual Meet	HOME	W (96-72)
02/14	Fighting Scot Invitational	Monmouth, Ill.	Mile relay only
02/21	Dubuque Open	Dubuque, Iowa	No team scores
02/21	Iowa Open	Iowa City, Iowa	No team scores
02/26-27	CCIW Championship	Bloomington, Ill.	2nd of 8
	TEAM SCORES: 1. North Central 222; 2. AUGUSTANA 174; 3. Carthage 124; 4. Illinois Wesleyan 48; 5. Wheaton 36; 6. Millikin 28; 7. Elmhurst 25; 8. North Park 6		
03/07	UW-Stevens Point Last Chance Qualifier	Stevens Point, Wis.	No Team Scores
03/14	NCAA Division III National Meet	Terre Haute, Indiana	11th in nation

OUTDOOR

DATE	MEET	SITE	RESULT
Mar. 21	Early Spring Opener	HOME	1st of 7
	TEAM SCORES: 1. AUGUSTANA 424; 2. St. Ambrose 162; 3. William Penn 102; 4. Mount Mercy 53; 5. Ashford 51; 6. Wisconsin-Parkside 16; 7. Loras 8		
Mar. 30	Viking Olympics	HOME	1st of 7
	TEAM SCORES: 1. AUGUSTANA 402; 2. St. Ambrose 171; 3. Lincoln 144; 4. Dubuque 68; 5. Faith Baptist Bible 19; 6. Clarke 14; 7. Iowa Wesleyan 6		
Apr. 4	Wartburg Select	Waverly, Iowa	1st of 7
	TEAM SCORES: 1. AUGUSTANA 173.75; 2. Wisconsin-LaCrosse 134.5; 3. St. Thomas 130.25; 4. Wisconsin-Platteville 98; 5. Wartburg 85.5; 6. Simpson 77; 7. Loras 66		
Apr. 10-11	Lee Calhoun Memorial Relays	Macomb, Illinois	5th of 10
	TEAM SCORES: 1. Eastern Illinois 175; 2. Iowa 165.5; 3. Illinois State 133; 4. Western Illinois 130; 5. AUGUSTANA 115.5; 6. Chicago State 26; 7. Ashford & St. Ambrose 20; 9. Bradford 4; 10. Lincoln 1		
Apr. 18	Meet of Champions	HOME	2nd of 13
	TEAM SCORES: 1. Wisconsin-Stevens Point 213.5; 2. AUGUSTANA 195; 3. Wisconsin-Whitewater 159.5; 4. Monmouth 118; 5. Wisconsin-Platteville 92.5; 6. Carthage 63; 7. St. Ambrose 48; 8. Luther 46.5; 9. Wartburg 10; 10. Bethel 6; 11. Ashford 5; 12. St. Olaf 4; 13. Wisconsin-Oshkosh 2		
Apr. 24-25	Drake Relays	Des Moines, Iowa	No Team Scores
Apr. 25	Loras Open	Dubuque, Iowa	No Team Scores
May 1-2	CCIW Championship	Kenosha, Wisconsin	2nd of 8
	TEAM SCORES: 1. North Central 278.50; 2. AUGUSTANA 246; 3. Carthage 140.50; 4. Wheaton 44; 5. Illinois Wesleyan 35; 6. Elmhurst 34; 7. Millikin 21; 8. North Park 18		
May 7- 8	Dr. Keeler Invitational	Naperville, Illinois	No Team Scores
May 9	University of Chicago Invitational	Chicago, Illinois	No Team Scores
May 14	Gregory Invitational	Naperville, Illinois	No Team Scores
May 15	Augustana Twilight Qualifier	HOME	No Team Scores
May 21-23	NCAA Division III National Championship	Marietta, Ohio	44th in nation

2009 INDOOR BEST INDIVIDUAL EFFORTS

EVENT	ATHLETE	DATE	SITE	MARK
55	Max Petersen (Mundelein HS, Mundelein, Ill.)	02/28	Bloomington, Ill.	:06.53
60				
200	Evan Holschbach (Princeton HS, Princeton, Ill.)	02/28	Bloomington, Ill.	:22.68
300	Evan Holschbach (Princeton HS, Princeton, Ill.)	01/24	Monmouth, Ill.	:35.87
400	Kyle Ekberg (Rockford Christian HS, Rockford, Ill.)	02/28	Bloomington, Ill.	:49.32
600	Kyle Ekberg (Rockford Christian HS, Rockford, Ill.)	01/24	Monmouth, Ill.	1:22.06
800	Kris Hinchley (York HS, Elmhurst, Ill.)	02/21	Dubuque, Iowa	1:57.81
1000	Sean Carmody (Winnebago HS, Rockford, Ill.)	01/31	Waverly, Iowa	2:38.78
1500				
Mile	Brian Hart (University City HS, St. Louis, Missouri)	02/14	HOME	4:19.37
2000	Andy Kubiak (Bloomington HS, Bloomington, Ill.)	02/14	HOME	5:36.23
3000	Andy Kubiak (Bloomington HS, Bloomington, Ill.)	02/28	Bloomington, Ill.	8:29.95
5000	Billy Wisser (Hersey HS, Mt. Prospect, Ill.)	02/26	Bloomington, Ill.	15:07.25
55 Hurdles	Ted McMillan (Erie HS, Cordova, Ill.)	03/07	Stevens Point, Wis.	:07.68
60 Hurdles				
High Jump	Ted McMillan (Erie HS, Cordova, Ill.)	03/14	Terre Haute, Ind.	6' 9 ¾"
Pole Vault	Steve Sulfridge (Wheaton North HS, Wheaton, Ill.)	02/14	HOME	15' 4 ¼"
Shot	Brian Benning (Winnebago HS, Winnebago, Ill.)	01/31	Waverly, Iowa	46' 5 ¼"
Weight Throw	Brian Benning (Winnebago HS, Winnebago, Ill.)	02/28	Bloomington, Ill.	49' 5 ½"
Triple Jump	Patrick Zeunik (Bloomington Central Catholic HS, Bloomington, Ill.)	02/28	Bloomington, Ill.	46' 2 ¾"
Long Jump	Alex Stake (Williamsville HS, Sherman, Ill.)	02/26	Bloomington, Ill.	21' 11"
Pentathlon	Ted McMillan (Erie HS, Cordova, Ill.)	03/14	Terre Haute, Ind.	3,721
800 Relay	Jason Styzinski (Lincoln Way Central HS, New Lenox, Ill.)	01/24	Monmouth, Ill.	1:36.01
	Nick Jones (Homewood Flossmoor HS, Chicago Heights, Ill.)			
	Jimmy Zars (York HS, Elmhurst, Ill.)			
	Dane Burmeister (Central HS, Crystal Lake, Ill.)			
1600 Relay	Evan Holschbach (Princeton HS, Princeton, Ill.)	03/07	Stevens Point, Wis.	3:18.34
	Kyle Ekberg (Rockford Christian HS, Rockford, Ill.)			
	Nick Borchert (Ankeny HS, Ankeny, Iowa)			
	Ted McMillan (Erie HS, Cordova, Ill.)			
Two Mile Relay				
Distance Medley	Sean Carmody (Winnebago HS, Rockford, Ill.)	02/27	Bloomington, Ill.	10:20.89
	Matt Somers (Naperville Central HS, Naperville, Ill.)			
	Brian Hart (University City HS, St. Louis, Missouri)			
	Andy Kubiak (Bloomington HS, Bloomington, Ill.)			



2009 OUTDOOR BEST INDIVIDUAL EFFORTS

EVENT	ATHLETE	DATE	SITE	MARK
100	Max Petersen (Mundelein HS, Mundelein, Ill.)	05/02	Kenosha, Wis.	:10.97
200	Evan Holschbach (Princeton HS, Princeton, Ill.)	04/04	Waverly, Iowa	:22.15
400	Kyle Ekberg (Rockford Christian HS, Rockford, Ill.)	05/02	Kenosha, Wis.	:48.79
800	Greg Weigand (Wheaton Warrenville South HS, Wheaton, Ill.)	04/18	HOME	1:55.41
1500	Mike Tisza (Hersey HS, Mt. Prospect, Ill.)	04/18	HOME	3:58.00
3000	Dan Bailey (Deerfield HS, Deerfield, Ill.)	03/21	HOME	8:50.13
3000 Steeplechase	Andy Kubiak (Bloomington HS, Bloomington, Ill.)	05/22	Marietta, Ohio	9:05.36
5000	Dan Bailey (Deerfield HS, Deerfield, Ill.)	05/07	Naperville, Ill.	15:02.97
10,000	Dan Bailey (Deerfield HS, Deerfield, Ill.)	04/17	HOME	31:05.83
110 High Hurdles	Ted McMillan (Erie HS, Cordova, Ill.)	04/11	Macomb, Ill.	:14.81
400 Intermediate Hurdles	Ted McMillan (Erie HS, Cordova, Ill.)	04/11	Macomb, Ill.	:52.84
Decathlon	Alex Stake (Williamsville HS, Sherman, Ill.)	05/02	Kenosha, Wis.	6,208 pts.
Long Jump	Alex Stake (Williamsville HS, Sherman, Ill.)	05/02	Kenosha, Wis.	22' 1 1/2"
Triple Jump	Pat Zeunik (Bloomington Central Catholic HS, Bloomington, Ill.)	05/15	HOME	46' 8 1/4"
Shot Put	Darin Decker (Moline HS, Moline, Ill.)	05/02	Kenosha, Wis.	48' 9 1/2"
Discus	Phil Christensen (Kaneland HS, Maple Park, Ill.)	05/15	HOME	170' 8"
Hammer Throw	Darin Decker (Moline HS, Moline, Ill.)	05/09	Chicago, Ill.	182' 5"
Pole Vault	Steve Sulfridge (Wheaton North HS, Wheaton, Ill.)	05/15	HOME	15' 4 1/4"
Javelin	Jeff Lackaff (Downers Grove North HS, Downers Grove, Ill.)	04/04	Waverly, Iowa	186' 6"
High Jump	Ted McMillan (Erie HS, Cordova, Ill.)	05/02	Kenosha, Wis.	6' 9"
4x100 Relay	Evan Holschbach (Princeton HS, Princeton, Ill.)	03/21	HOME	:42.29
	Max Petersen (Mundelein HS, Mundelein, Ill.)			
	Kyle Ekberg (Rockford Christian HS, Rockford, Ill.)			
4x200 Relay	James Wood (St. Charles North HS, St. Charles, Ill.)	04/11	Macomb, Ill.	1:28.18
	Kyle Ekberg (Rockford Christian HS, Rockford, Ill.)			
	Max Petersen (Mundelein HS, Mundelein, Ill.)			
	James Wood (St. Charles North HS, St. Charles, Ill.)			
4x400 Relay	Evan Holschbach (Princeton HS, Princeton, Ill.)	05/15	HOME	3:15.32
	Nick Borchert (Ankeny HS, Ankeny, Iowa)			
	James Wood (St. Charles North HS, St. Charles, Ill.)			
	Greg Davis (Carlinville HS, Carlinville, Ill.)			
4x800 Relay	Kyle Ekberg (Rockford Christian HS, Rockford, Ill.)	04/25	Des Moines, Iowa	7:51.79
	Matt Fulton (Hersey HS, Mt. Prospect, Ill.)			
	Greg Weigand (Wheaton Warrenville South HS, Wheaton, Ill.)			
	Sean Carmody (Winnebago HS, Rockford, Ill.)			
Sprint Medley	Jason Langslet (Mundelein HS, Mundelein, Ill.)	04/25	Des Moines, Iowa	3:31.36
	Max Petersen (Mundelein HS, Mundelein, Ill.)			
	James Wood (St. Charles North HS, St. Charles, Ill.)			
	Kyle Ekberg (Rockford Christian HS, Rockford, Ill.)			
Distance Medley	Greg Weigand (Wheaton Warrenville South HS, Wheaton, Ill.)	04/24	Des Moines, Iowa	10:17.15
	Brian Hart (University City HS, St. Louis, Missouri)			
	Nick Borchert (Ankeny HS, Ankeny, Iowa)			
	Matt Fulton (Hersey HS, Mt. Prospect, Ill.)			
4x1600 Relay	Andy Kubiak (Bloomington HS, Bloomington, Ill.)	04/24	Des Moines, Iowa	17:52.30
	Mike Tisza (Hersey HS, Arlington Heights, Ill.)			
	Dan Bailey (Deerfield HS, Deerfield, Ill.)			
	Andy Kubiak (Bloomington HS, Bloomington, Ill.)			
	Brad Keating (Cary Grove HS, Cary, Ill.)			



2009 MEN'S TRACK & FIELD REVIEW

Vikings finish regular season ranked number one in NCAA Division III for second straight year; Phil Christensen and Andy Kubiak earn All-American honors; Darin Decker, Ted McMillan and Kyle Ekberg share MVP honors

A season full of highlights was punctuated by a pair of All-American performances at the NCAA Division III national meet at Marietta College in Marietta, Ohio over the weekend of May 21-23. Senior Andy Kubiak (Bloomington HS, Bloomington, Ill.) put the finishing touches on a fine career by placing fifth in the 3000 meter steeplechase and freshman Phil Christensen (Kaneland HS, Maple Park, Ill.) signaled a promising beginning by taking sixth in the discus.

Kubiak, who won the steeplechase at the College Conference of Illinois & Wisconsin championship on May 2 in Kenosha, Wisconsin, ran the third fastest time in school history when he stopped the watches at 9:05.36. He trails just the school record of 8:58.04 set by national champion Sandu Rebenciuc in 1993 and the 9:02.73 of All-American Rob Jensen in 1981. It was a fitting end to Kubiak's career.

A lot can happen in three years but if the final two weeks of the season are any indication, the future is very bright for Christensen. He placed sixth in the discus with a toss of 162' 5". His ascent up the top 10 ranks began on May 9 when he threw 155' 0" to qualify for the national meet at the University of Chicago Penultimate. That throw was the 10th best in school history. On Thursday, May 14 he unleashed a throw of 168' 11" at the Gregory Invitational in Naperville that moved him into second place on the all-time list. Less than 24 hours later he was back at it and this time he claimed one of the oldest school records on the books when he hurled the discus 170' 8" at the Augustana Twilight Qualifier on Friday, May 15. That erased Dave Lingner's 1981 mark of 170' 4" from the record book.

While Kubiak and Christensen earned All-American honors, the season was full of good news for veteran head coach Paul Olsen and his team. The brand new Paul V. Olsen Track was dedicated on Saturday, April 18 after the conclusion of the Meet of Champions. The Vikings took second that day, losing only to Wisconsin-Stevens Point in the 13 team field.

Senior Ted McMillan (Erie HS, Cordova, Ill.) ended his stellar career with an injury plagued national meet where he failed to qualify for the finals in the 400 hurdles and did not make a height in the high jump. However, nothing can diminish what McMillan accomplished during his time wearing the Blue & Gold. He was a 12 time NCAA Division III All-American, including a two time national champion when he won the 400 hurdles and the high jump in the 2007 national meet.

McMillan won the high jump (6' 9") and the 110 high hurdles (:15.05) at the CCIW meet and he finished his career (indoor and outdoor) with a grand total of 18 conference titles. Those came in either individual or relay events. He won the 110 high hurdles and the 400 intermediate hurdles three times during his career and the high jump twice.

The Vikings did not repeat as CCIW team champion but they actually scored more points in the conference meet (246) than they did last year (240.5) when they won the first title since 1984. North Central won the team championship with 278.50 points. Augustana won a total of 10 events at the CCIW meet. Besides McMillan's double victory in the highs and the high jump, Max Petersen (Mundelein HS, Mundelein, Ill.) and Darin Decker (Moline HS, Moline, Ill.) also won two events apiece. Petersen took the 100 (:10.97) and 200 (:22.42) to become the first Vikings to win both sprint events since Kyle Poston turned the trick in 1997. Decker won the hammer (180' 4") and the discus (151' 2") and was second in the shot (48' 9"). In addition, Decker was named the Most Outstanding Field Event Performer in the CCIW.

The 400 relay team of Petersen, James Wood (St. Charles North HS, St. Charles, Ill.), Marty King (Oswego HS, Oswego, Ill.) and Kyle Ekberg (Rockford Christian HS, Rockford, Ill.) took first with a time of :42.61 and the 1600 unit of Greg Davis (Carlinville HS, Carlinville, Ill.), Wood, Nick Borchert (Ankeny HS, Ankeny, Iowa) and Ekberg won in 3:18.09. Kubiak won the steeplechase in 9:24.30 and Davis won the 400 intermediate hurdles with a time of :54.99.

Augustana won the Early Spring Opener on March 21 with 424 points and came back nine days later to win the Viking Olympics with 402 points. The Vikings won the Wartburg Select meet on April 4, under brutal weather conditions, with 173.75 points in Waverly, Iowa. A week later, on April 11 in Macomb, Illinois, they were fifth at the Lee Calhoun Memorial Relays but they were the highest placing non-division one team in the 10 team meet. At the Meet of Champions on April 18 they were an impressive second as they "officially" christened the track named after long-time coach Paul Olsen.

Viking athletes qualified for the NCAA Division III national meet in a total of 10 events throughout the season. When it came time for the national field to be announced, however, only McMillan (400 hurdles and high jump), Decker (hammer), Christensen (discus) and Kubiak (steeplechase) were invited to the meet. The following athletes qualified but did not compete at nationals: Alex Stake (Williamstown HS, Sherman, Ill.) scored 6,208 points in the decathlon at the CCIW meet. Pat Zeunik (Bloomington Central Catholic HS, Bloomington, Ill.) hit the qualifying mark in the triple jump with

a leap of 46' 8 1/2" at the Augustana Twilight Qualifier on May 15. McMillan qualified in the 110 high hurdles with a time of :14.81 at the Lee Calhoun Memorial Relays on April 11 but chose not to run that event at the national meet. Dan Bailey (Deerfield HS, Deerfield, Ill.) hit the national standard in the 10,000 with a 31:05.83 clocking on April 17 at the Meet of Champions. The 1600 meter relay team of Borchert, Wood, Davis and Ekberg qualified with a time of 3:15.32 at the Augustana Twilight Qualifier on May 15 and just missed making the field.

For the second consecutive year Augustana finished the season ranked number one in the NCAA Division III dual meet power rankings. When the final rankings came out after the national meet, however, the Vikings ended up second behind Wisconsin-Oshkosh.

Ekberg and McMillan shared the team's MVP award for track events while Decker was named the MVP for field events.

2009 CCIW OUTDOOR TRACK & FIELD CHAMPIONSHIP

May 1-2, 2009 @ Carthage College in Kenosha, Wisconsin.

TEAM SCORES: 1. North Central 278.50; 2. AUGUSTANA 246; 3. Carthage 140.50; 4. Wheaton 44; 5. Illinois Wesleyan 35; 6. Elmhurst 34; 7. Millikin 21; 8. North Park 18.

INDIVIDUAL EVENT WINNERS

100 – Max Petersen, Augustana :10.97; 200 – Max Petersen, Augustana :22.42; 400 – Greg Jackson, North Central :47.94; 800 – Brian McConnell, Elmhurst 1:55.69; 1500 – Brian McConnell, Elmhurst 3:56.91; 5000 – Michael Spain, North Central 14:52.76; 10,000 – Kyle Brady, North Central 30:58.32; 110 HH – Ted McMillan, AUGUSTANA :15.05; 400 IH – Greg Davis, Augustana :54.99; 3000 Steeplechase – Andy Kubiak, Augustana 9:24.30; 4x100 relay – Augustana :42.61 (Max Petersen, James Wood, Marty King, Kyle Ekberg); 4x400 relay – Augustana 3:18.09 (Greg Davis, James Wood, Nick Borchert, Kyle Ekberg); High Jump – Ted McMillan, Augustana 6' 9"; Pole Vault – Jake Winder, North Central 16' 6 1/2"; Long Jump – Buzzy Brown, Carthage 23' 1 1/4"; Triple Jump – Prentis Wilbourn, Carthage 46' 0"; Shot Put – Spencer Williams, Carthage 50' 8 1/4"; Discus – Darin Decker, Augustana 151' 2"; Hammer Throw – Darin Decker, Augustana 180' 4"; Javelin – Ted Tenglin, North Park 185' 3"; Decathlon – Kenton Rauwerdink, Carthage 6,269

2009 AUGUSTANA SUPERLATIVES

NCAA DIVISION III ALL-AMERICA: 3000 Steeplechase – Andy Kubiak, 5th place 9:05.36; Discus – Phil Christensen, 6th place 162' 5".

AUGUSTANA SCHOOL RECORDS: Discus – Phil Christensen, 170' 8"...breaks previous mark of 170' 4" set by Dave Lingner in 1981.

COSIDA ACADEMIC ALL-AMERICA: Ted McMillan (1st team) & Max Petersen (2nd team)

USTFCCCA ALL-ACADEMIC TEAM: Ted McMillan, Nick Borchert & Andy Kubiak

CCIW INDIVIDUAL CHAMPIONS: 100 – Max Petersen :10.97; 200 – Max Petersen :22.42; 110 HH – Ted McMillan :15.05; 400 IH – Greg Davis :54.99; 3000 Steeplechase – Andy Kubiak 9:24.30; 4x100 Relay :42.61 (Max Petersen, James Wood, Marty King, Kyle Ekberg); 4x400 Relay 3:18.09 (Greg Davis, James Wood, Nick Borchert, Kyle Ekberg)...High Jump – Ted McMillan 6' 9"; Hammer Throw – Darin Decker 180' 4"; Discus – Darin Decker 180' 4".

CCIW MOST OUTSTANDING FIELD PERFORMER – Darin Decker (won the hammer and discus and was second in the shot)

NCAA DIVISION III NATIONAL QUALIFIERS

High Jump – Ted McMillan 6' 9" on 05/02/09 at CCIW; 400 Hurdles – Ted McMillan :52.84 on 04/11/09 at Lee Calhoun Memorial Relays; Hammer – Darin Decker 182' 5" on 05/01/09 at CCIW; Discus – Phil Christensen 170' 8" on 05/15/09 at Augustana Twilight Qualifier; 3000 Steeplechase – Andy Kubiak 9:07.37 on 05/08/09 at Dr. Keeler Invitational.

(Provisional qualifiers who did not make the final national meet field)

Decathlon – Alex Stake, 6,208 points on 05/01-02/09 at CCIW meet; Triple Jump – Pat Zeunik 46' 8 1/2" on 05/15/09 at Augustana Twilight Qualifier; 110 High Hurdles – Ted McMillan :14.81 at Lee Calhoun Memorial Relays on 04/11/09; 10,000 – Dan Bailey, 31:05.83 on 04/17/09 at Meet of Champions; 1600 Relay 3:15.32 (Nick Borchert, James Wood, Greg Davis, Kyle Ekberg) on 05/15/09 at Augustana Twilight Qualifier.

AUGUSTANA TEAM AWARDS

MVP (track): Ted McMillan & Kyle Ekberg; MVP (field): Darin Decker; Most Valuable Freshman (track): Greg Davis; Most Valuable Freshman (field): Phil Christensen; Most Improved: Max Petersen; Most Inspirational: Evan Holschbach, Andy Kubiak & Steve Sulfridge. 2010 Captains: Dan Bailey, Nick Borchert, Darin Decker, Nate Maass, Max Petersen & Chris Zook.

AUGUSTANA TEAM FINISHES

USTFCCCA POWER RANKING: 1st in nation at end of regular season and 2nd after NCAA championship meet

NCAA DIVISION III NATIONAL MEET: 44th in nation

CCIW CHAMPIONSHIPS: 2nd place with 246 points

TEAM CHAMPIONSHIPS: Early Spring Opener, 03/21/09; Viking Olympics, 03/30/09; Wartburg Select, 04/04/09;

OTHER MEETS: Meet of Champions on 04/18/09 – second with 195 points in 13 team field; Lee Calhoun Memorial Relays on 04/11/09 – fifth with 115.5 points in 10 team field – Vikings were top non-division one school.

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AUGUSTANA SCHOOL RECORDS

OUTDOOR RECORDS

100	Kofi Osei	:10.60	1981
200	Kyle Poston	:21.69	1997
400	Mike Meyer	:47.84	1980
800	Rich Hansen	1:51.44	1969
1500	Sandu Rebenciuc	3:43.54	1992
5000	Ambo Bati	14:21.52	1996
10000	Sandu Rebenciuc	29:45.00	1992
3000 St.	Sandu Rebenciuc	8:58.04	1993
110 HH	Ted McMillan	:14.55	2008
400 IH	Ted McMillan	:51.21	2008
400 Relay	Terry McMillan	:41.00	1980

	Kofi Osei		
	Tom Sparkman		
	Mike Meyer		
1600 Relay	Nate Hurt	3:13.13	1996

	Scott Tumilty		
	Mark Zemke		
	Rob Lee		

HJ	Craig Lyon	7-3	1998
PV	Corey Christenson	16-7	1994
LJ	Rod Slover	24-6 ¼	1976
TJ	Geoff Smithers	48-0 ¼	1968
Discus	Phil Christensen	170-8	2009
Shot	David Dempsey	54-8 ¼	1999
Javelin	Mike McCoy	231-3	1976
Hammer	Tom McIntire	185-7	2005
Dec (old)	Socrates Catavatis	6901	1981
Dec (new)	Dan Rakestraw	6644	1996

INDOOR RECORDS

55	Kofi Osei	:06.46	1981
200	Jason Myers	:22.56	2005
300	Evan Holschbach	:35.87	2009
400	Kyle Ekberg	:49.32	2009
600	Kyle Ekberg	1:22.06	2009
800	Sandu Rebenciuc	1:52.61	1992
1000	Sandu Rebenciuc	2:30.34	1993
1500	Sandu Rebenciuc	3:50.28	1993
2000	Andy Kubiak	5:36.23	2009
Mile	Ambo Bati	4:04.1	1996
3000	Sandu Rebenciuc	8:15.89	1992
5000	Ambo Bati	14:21.52	1996
55 H	Ted McMillan	:07.68	2009
200 H	Mark Zemke	:25.26	1996
2 mile	Dan Copper	8:51.10	1977
3 mile	Dan Copper	13:46.0	1978
300 Y	Leland Stanford	:32.46	1986
600 Y	Bill Yemm	1:13.9	1975
1000 Y	Tom Todd	2:13.34	1975
800 Relay	Kyle Poston	1:31.25	1996
	David Walton		
	Mark Zemke		
	Scott Tumilty		

1600 Relay	Evan Holschbach	3:18.34	2009
	Kyle Ekberg		
	Nick Borchert		
	Ted McMillan		
Sprint Med. Relay	Joel Wietfeldt	3:37.15	2002
	Tim Heisler		
	Brandon Vahl		
	Brad Cosentino		
Pentathlon	Ted McMillan	3,721 points	2009
HJ	Craig Lyon	7-3	1998
Shot	David Dempsey	54-2 ½	2000
TJ	Craig Lyon	46-3	1998
LJ	Brian Miller	23-3 ½	2000
PV	Corey Christenson	16-2	1997
35 WT	Tom McIntire	57-0 ¾	2006

OVERSIZE TRACK RECORDS

800	Mike Bartlet	1:54.10	2003
2 mile	Al Anderson	7:44.9	1973
Relay	Tim Garrity		
	Brad Seago		
	Fred Whiteside		
Dist Medley Relay	Rob Hanauer	10:02.81	2005
	Jason Myers		
	Ammon Paquette		
	Nick Johnson		

SPECIAL EVENTS & IMPERIAL RECORDS

100 Y	Paul Carlstedt	:09.7	1968
	Fred Whiting	:09.7	1963
Mile	Ambo Bati	4:04.1	1996
2 mile	Dan Copper	8:51.9	1977
3 mile	Dan Copper	13:46.8	1978
6 mile	Dan Copper	29:31.3	1977
800 Relay	Brad Blake	1:28.18	2000
	Eliot Mosby		
	Nick Peck		
	Brian Miller		
Sprint Med Relay	Kyle Poston	3:24.83	1997
	Dave Walton		
	Chris Dryer		
	Nate Roe		
Dist Medley Relay	Tony VanDeWalle	9:52.34	1985
	Leland Stanford		
	Doug Sand		
	Eric Volkert		
3200 Relay	Mark Salaway	7:31.31	1983
	Eric Volkert		
	Dan Harlan		
	Ricci Washburn		
4 mile Relay	Dan Copper	16:56.0	1977
	Tim Garrity		
	John Hammermeister		
	Steve Sandino		
HH Shuttle	Jesse Heath	1:02.35	1994
	Jim Weber		
	Scott Nowicki		

CCIW TEAM CHAMPIONS

2009	North Central (Out)		1981	AUGUSTANA	1962	Carroll
	North Central (In)	1999	North Central	1980	AUGUSTANA	1961
2008	Augustana (Out)	1998	North Central	1979	North Central	North Central
	North Central (In)	1997	North Central	1978	North Central	Carroll
2007	North Central (Out)	1996	North Central	1977	North Central	Wheaton
	North Central (In)	1995	North Central	1976	North Central	Wheaton
2006	North Central (Out)	1994	North Central	1975	North Central	Wheaton
	North Central (In)	1993	North Central	1974	AUGUSTANA	Wheaton
2005	North Central (Out)	1992	North Central	1973	AUGUSTANA	1955
	North Central (In)	1991	North Central	1972	AUGUSTANA	1954
2004	North Central (Out)	1990	North Central	1971	North Central	Millikin
	North Central (In)	1989	North Central	1970	AUGUSTANA	Wheaton
2003	North Central (Out)	1988	North Central	1969	AUGUSTANA	1952
	North Central (In)	1987	North Central	1968	AUGUSTANA	Wheaton
2002	North Central (Out)	1986	North Central	1967	AUGUSTANA	1951
	North Central (In)	1985	North Central	1966	North Central	Wheaton
2001	North Central (Out)	1984	AUGUSTANA	1965	AUGUSTANA	1950
	North Central (In)	1983	AUGUSTANA	1964	AUGUSTANA	Wheaton
2000	North Central (Out)	1982	AUGUSTANA	1963	Millikin	1949
						Wheaton

AUGUSTANA INDIVIDUAL NATIONAL CHAMPIONS

TONY CORNELIOUS

1974 - 400 intermediate hurdles :53.3

Cornelius became Augustana's first national champion in track during his junior year with his win at the first ever NCAA Division III meet held in Charleston, Illinois...Cornelius' title helped the Vikings finish sixth in the team race.

JOHN STANEK

1975 - High Jump 6'9"

Stanek won the high jump in his junior year and helped Augustana to a second place team finish...Stanek's leap of 6'9" in Berea, Ohio, set an NCAA Division III record.

DAN COPPER

1975 - Three Mile 14:00.98

One of the greatest Augustana track performers of all-time...Copper, a seven time All-America selection, won his national title as a sophomore and along with Stanek's high jump win, spearheaded the Viking's second place team finish.

KOFI OSEI

1981 - 100 meters :10.66

Osei won a close race for the national title in his sophomore season...The Vikings finished second behind Glassboro State in the meet which was held in Cleveland, Ohio.

DOUG ATKINSON

1982 - Pole Vault 15'6 1/4"

Atkinson won the national title in Naperville, Illinois, despite the fact that he did not win the conference title...He was a sophomore at the time and his championship helped the Viking's finish 10th in the team race.

SANDU REBENCIUC

1992 - Indoor 1500 3:53.80

1992 - Outdoor 1500 3:47.78

1992 - Outdoor 10,000 29:45.00

1993 - Indoor 1500 3:54.53

1993 - Outdoor 1500 3:49.42

1993 - Outdoor 3000 Steeplechase 8:58.04

Rebenciuc has won six NCAA Division III track titles but his most memorable might have been the 1992 10,000 at Colby College in Watertown, Maine, when he caught Gary Wasserman of Nebraska Wesleyan on the last lap and won by five seconds...He also won the 1991 NCAA Division III cross country title.

TRENT MORRELL

1992 - 5,000 14:36.78

Morrell never won a conference championship race but in his senior year he rose to the occasion and took home a national title at Colby College...He pulled away from a four man pack over the last 90 meters, nipping Wasserman by three tenths of a second and giving the Vikings a third national title in the same meet which was good for seventh place in the team race.

AMBO BATI

1995 - Indoor 5000 14:35.46

1995 - Outdoor 1500 3:55.84

1996 - Indoor 5000 14:21.52

1996 - Outdoor 10,000 29:49.60

1996 - Outdoor 5,000 14:30.93

Bati ran a blistering 28 second final 200 which topped off a final mile of 4:30 as he won his first ever national title at Ohio Northern University in Ada, Ohio...In the outdoor national meet that year he battled a rain storm and the indoor national champion to win at 1500...His final time may not have been all that fast but he ran his final 400 in a blazing :56.9 to win at Carleton College in Northfield, Minnesota...In 1996 Bati was the talk of the national meet when he won the 10,000 in 29:49.60 and the 5000 in 14:30.93 and then came back with a fourth in the 1500 in 3:54.10...The 5000 and the 1500 were a mere 30 minutes apart.

MARK ZEMKE

1996 - 400 Intermediate Hurdles

Zemke got hot midway through his senior year and stayed that way en route to winning the national title...He set a new school record of :52.55 as he won by three hundredths of a second...It took officials several minutes of studying the videotape to determine the winner.

CRAIG LYON

1998 - Indoor High Jump 6'11 3/4"

Lyon jumped 7'3" in his first indoor meet of the season to shatter the Augustana school record...In the NCAA Division III indoor meet he went 6'11 3/4" to win the event at the Gosman Sports & Convocation Center.

TED MCMILLAN

2007 - Outdoor High Jump 6'9"

2007 - 400 Hurdles :51.50

McMillan capped his sophomore season in 2007 with a pair of national championships at J.J. Keller Field in Oshkosh, Wisconsin...McMillan won the 400 hurdles with a time of :51.50, breaking his own school record of :52.37 in the process...His winning leap of 6'9" in the high jump tied him for the fifth best jump in Augustana history...He also has the second best mark in school history at 7'0" in 2006.

AUGUSTANA'S ALL-AMERICA SELECTIONS

2009	Andy Kubiak	3000 ST	Outdoor		Dennis Fraikes	1600 Relay	Outdoor
	Phil Christensen	Discus	Outdoor		Mike Wallace	1600 Relay	Outdoor
	Ted McMillan	Pentathlon	Indoor		Darin Davis	1600 Relay	Outdoor
	Ted McMillan	High Jump	Indoor		Joe Butler	1600 Relay	Indoor
	Kyle Eckberg	400	Indoor		Dennis Fraikes	1600 Relay	Indoor
2008	Ted McMillan	400 IH	Outdoor		Mike Wallace	1600 Relay	Indoor
	Ted McMillan	High Jump	Outdoor		Darin Davis	1600 Relay	Indoor
	Ted McMillan	High Jump	Indoor	1987	Rob Lathrop	110 HH	Outdoor
	Ted McMillan	1600 Relay	Outdoor		Tony VanDeWalle	1500	Outdoor
	Even Holschbach	1600 Relay	Outdoor	1986	Tim Holmstrom	Shot Put	Outdoor
	Kyle Ekberg	1600 Relay	Outdoor		Ken Harris	400 IH	Outdoor
	Matt Somer	1600 Relay	Outdoor		Brad Price	400 Relay	Outdoor
	Steve Sulfridge	1600 Relay	Outdoor		Darin Davis	400 Relay	Outdoor
	Steve Sulfridge	Pole Vault	Outdorr		Dennis Fraikes	400 Relay	Outdoor
2007	Brad Holehan	3000 ST	Outdoor		Leland Stanford	400 Relay	Outdoor
	Ted McMillan	400 IH	Outdoor		Brad Price	1600 Relay	Outdoor
	Ted McMillan	High Jump	Outdoor		Darin Davis	1600 Relay	Outdoor
	Ted McMillan	High Jump	Indoor		Dennis Fraikes	1600 Relay	Outdoor
2006	Ted McMillan	400 IH	Outdoor		Leland Stanford	1600 Relay	Outdoor
	Ted McMillan	High Jump	Outdoor	1985	Tony VanDeWalle	1500	Indoor
	Ted McMillan	High Jump	Indoor	1984	Brad Price	400 Relay	Outdoor
	Nick Johnson	3000 ST	Outdoor		Kofi Osei	400 Relay	Outdoor
2005	Thomas McIntire	Hammer	Outdoor		Leland Stanford	400 Relay	Outdoor
2003	Jeff Lindeman	Pole Vault	Outdoor		Ed Branigan	400 Relay	Outdoor
2001	David Dempsey	Shot Put	Outdoor		Eric Volkert	1500	Outdoor
	Tony Bonucci	Pole Vault	Outdoor		Shemi Sabag	5000	Outdoor
	Tony Bonucci	Pole Vault	Indoor		Shemi Sabag	10,000	Outdoor
2000	David Dempsey	Shot Put	Outdoor	1983	George Velasquez	100	Outdoor
	David Dempsey	Shot Put	Indoor		Lonnie Hewitt	High Jump	Outdoor
	Dustin Waddell	Pole Vault	Indoor	1982	*Doug Atkinson	Pole Vault	Outdoor
1999	Dustin Waddell	Pole Vault	Outdoor		Socrates Catavatis	Decathlon	Outdoor
	Dustin Waddell	Pole Vault	Indoor	1981	*Kofi Osei	100	Outdoor
1998	Ambo Bati	5000	Outdoor		Tony Hurd	10,000	Outdoor
	Dustin Waddell	Pole Vault	Outdoor		Rob Jensen	3000 St.	Outdoor
	*Craig Lyon	High Jump	Indoor		Socrates Catavatis	Decathlon	Outdoor
	Dustin Waddell	Pole Vault	Indoor		Dave Lingner	Discus	Outdoor
1997	Ryan Carpenter	Shot Put	Indoor		Steve Gramsch	1500	Outdoor
	Corey Christenson	Pole Vault	Indoor	1980	Terry McMillan	400 Relay	Outdoor
1996	*Ambo Bati	5000	Outdoor		Kofi Osei	400 Relay	Outdoor
	*Ambo Bati	10,000	Outdoor		Tom Sparkman	400 Relay	Outdoor
	*Mark Zemke	400 IH	Outdoor		Mike Meyer	400 Relay	Outdoor
	Ambo Bati	1500	Outdoor		Mark Schick	Pole Vault	Outdoor
	Mark Nelson	Triple Jump	Outdoor		Brett Anderson	Pole Vault	Outdoor
	Corey Christenson	Pole Vault	Outdoor		Lonnie Hewitt	High Jump	Outdoor
	Dan Rakestraw	Decathlon	Outdoor		Socrates Catavatis	Decathlon	Outdoor
	Nathan Hurt	1600 Relay	Outdoor		Mike Meyer	400	Outdoor
	Scott Tumilty	1600 Relay	Outdoor		Kofi Osei	100	Outdoor
	Mark Zemke	1600 Relay	Outdoor	1979	Greg Haynie	High Jump	Outdoor
	Rob Lee	1600 Relay	Outdoor	1978	Greg Haynie	High Jump	Outdoor
	*Ambo Bati	5000	Indoor		Dan Copper	10,000	Outdoor
	Ambo Bati	1500	Indoor	1977	Dan Copper	5000	Outdoor
1995	*Ambo Bati	1500	Outdoor		Doug Felder	Pole Vault	Outdoor
	Ambo Bati	10,000	Outdoor	1976	Doug Felder	Pole Vault	Outdoor
	Matt Dutton	Discus	Outdoor	1975	*Dan Copper	Three Mile	Outdoor
	Ryan Carpenter	Shot Put	Outdoor		*John Stanek	High Jump	Outdoor
	Corey Christenson	Pole Vault	Outdoor		Doug Felder	Pole Vault	Outdoor
	Rob Lee	400	Outdoor		Tom Todd	880	Outdoor
	Mark Zemke	1600 Relay	Outdoor	1974	*Tony Cornelious	440 IH	Outdoor
	Scott Tumilty	1600 Relay	Outdoor		Dan Copper	Three Mile	Outdoor
	Nate Hurt	1600 Relay	Outdoor		Tony Cornelious	Mile Relay	Outdoor
	Rob Lee	1600 Relay	Outdoor		Bill Yemm	Mile Relay	Outdoor
	*Ambo Bati	5000	Indoor		Scott Stephens	Mile Relay	Outdoor
	Ambo Bati	1500	Indoor		Enyo DeWith	Mile Relay	Outdoor
	Ryan Carpenter	Shot Put	Indoor		John O'Connor	Three Mile	Outdoor
	Corey Christenson	Pole Vault	Indoor		Bob Scott	Discus	Outdoor
1994	Craig Kruse	Shot Put	Outdoor		John Stanek	High Jump	Outdoor
	Ryan Carpenter	Shot Put	Outdoor		Joe Thompson	Pole Vault	Outdoor
	Corey Christenson	Pole Vault	Outdoor	1973	Steve Perry	Discus	Outdoor
	Ambo Bati	1500	Outdoor	1969	Jim Braet	440 IH	Outdoor
	Sandu Rebenciuc	3000 St.	Outdoor	1967	Geoff Smithers	440 Relay	Outdoor
	Sandu Rebenciuc	800	Indoor		Jim Braet	440 Relay	Outdoor
	Sandu Rebenciuc	1500	Indoor		Paul Carlstedt	440 Relay	Outdoor
1993	*Sandu Rebenciuc	3000 St.	Outdoor		Mark Schaefer	440 Relay	Outdoor
	*Sandu Rebenciuc	1500	Outdoor		Geoff Smithers	Long Jump	Outdoor
	*Sandu Rebenciuc	1500	Indoor				
1992	*Sandu Rebenciuc	10,000	Outdoor				
	*Sandu Rebenciuc	1500	Outdoor				
	*Trent Morrell	5000	Outdoor				
	*Sandu Rebenciuc	1500	Indoor				
1991	Sandu Rebenciuc	1500	Outdoor				
	Sandu Rebenciuc	1500	Indoor				
1990	Dave Terronez	10,000	Outdoor				
	Dave Terronez	5000	Outdoor				
	Frank Novak	Shot Put	Outdoor				
1989	Dave Terronez	1500	Outdoor				
1988	Dave Terronez	800	Outdoor				
	Joe Butler	110 HH	Outdoor				
	Joe Butler	1600 Relay	Outdoor				

* - NCAA national champion

AUGUSTANA ALL-TIME PERFORMANCE LIST

100

:10.60	Kofi Osei	1981
:10.71	Kyle Poston	1997
:10.74	Brad Blake	2000
:10.74	George Velasquez	1984
:10.82	Leland Stanford	1985
:10.84	Brad Price	1987
:10.84	Mike Wallace	1988
:10.91	Eliot Mosby	2000
:10.94	Mike Meyer	1978
:10.94	Terry McMillan	1980
:10.94	David Walton	1995

200

:21.69	Kyle Poston	1997
:21.71	Brad Blake	2000
:21.74	Leland Stanford	1986
:21.84	Eugene DeBoise	1970
:21.94	Mike Meyer	1979
:21.95	Mike Lucchetti	2008
:22.03	Evan Holschbach	2008
:22.04	Rob Lee	1995
:22.04	Tom Sparkman	1979
:22.04	Brad Price	1984
:22.04	Mark Schaefer	1967
:22.04	Mike Wallace	1988

400

:47.84	Mike Meyer	1980
:47.98	Rob Lee	1995
:48.43	Chris Dryer	1999
:48.44	Enyo Dewith	1975
:48.64	Ken Harris	1986
:48.64	Mark Schaefer	1967
:48.66	Dan Markham	1991
:48.74	Mike Wallace	1988
:48.74	Eugene DeBoise	1968
:48.78	Kyle Ekberg	2008

800

1:51.44	Rich Hansen	1969
1:51.64	Ricci Washburn	1982
1:51.64	Ambo Bati	1995
1:51.74	Tom Todd	1975
1:51.83	Sandu Rebenciuc	1994
1:52.14	Dan Markham	1991
1:52.17	Tom Krieger	1986
1:52.25	Mike Bartlett	2003
1:52.34	Dave Terronez	1988
1:52.58	Nate Roe	1997

1500

3:43.15	Sandu Rebenciuc	1992
3:48.44	Ambo Bati	1996
3:48.85	Eric Volkert	1984
3:49.28	Steve Gramsch	1981
3:49.36	Mahlon Ericson	1982
3:50.8	Dave Terronez	1990
3:50.8	Tony VanDeWalle	1987
3:50.9	John Hammermeister	1978
3:51.1	Trent Morrell	1992
3:52.4	John Isbell	1980

MILE

4:04.1	Ambo Bati	1996
4:04.98	Sandu Rebenciuc	1992
4:10.3	Tony VanDeWalle	1985
4:10.4	Tim Garrity	1977
4:10.7	John Hammermeister	1978
4:11.34	Trent Morrell	1992
4:11.3	Fred Whiteside	1974
4:11.7	Steve Gramsch	1982
4:11.8	Dan Copper	1977
4:13.1	Larry Gant	1999
4:13.1	John Isbell	1980

3000 STEEPLECHASE

8:58.04	Sandu Rebenciuc	1993
9:02.73	Rob Jensen	1981
9:05.36	Andy Kubiak	2009
9:06.29	Nick Johnson	2006
9:08.8	Randy Bill	2004
9:11.27	Jeff Kollmeyer	1990
9:12.67	Brad Holehan	2007
9:16.0	Steve Sandino	1977
9:19.5	Rich Moore	1979
9:20.5	Steve Gramsch	1981

THREE MILE

13:46.8	Dan Copper	1977
14:06.5	John O'Connor	1974
14:20.7	Bob D. Wilson	1973

5000

14:21.52	Ambo Bati	1996
14:24.25	Shemi Sabag	1984
14:27.5	Tony Hurd	1981
14:31.5	Dan Copper	1978
14:32.7	Dave Terronez	1990
14:36.1	Trent Morrell	1992
14:36.51	Sandu Rebenciuc	1993
14:46.26	Dan Leonard	2008
14:46.94	Kent Anderson	1998
14:48.0	Rob Jensen	1981

10,000

29:45.00	Sandu Rebenciuc	1992
29:49.60	Ambo Bati	1996
30:18.48	Shemi Sabag	1984
30:29.9	Tony Hurd	1980
30:34.85	Dan Copper	1978
30:43.79	Rob Jensen	1980
30:44.37	Dave Terronez	1990
31:05.83	Dan Bailey	2009
31:20.0	Dan Leonard	2008
31:25.64	Randy Bill	2002

110 HIGH HURDLES

:14.55	Ted McMillan	2008
:14.64	Jesse Heath	1997
:14.74	Gary Kwak	1992
:14.74	Joe Butler	1988
:14.81	Rob Lathrop	1987
:14.84	Kevin Stille	1979
:14.94	Jim Weber	1993
:14.82	Doug Sundquist	1979
:14.84	Chris Martin	1993
:14.85	Kevin Knourek	1982

400 INTERMEDIATE HURDLES

:51.21	Ted McMillan	2008
:52.55	Mark Zemke	1996
:52.69	Ken Harris	1986
:53.14	Tony Haid	2000
:53.24	Jim Braet	1969
:53.24	Tony Cornelious	1974
:53.71	Steve Immke	1984
:53.83	Mark Reade	1992
:53.84	Jon Micetich	1989
:53.84	Gary Kwak	1991

LONG JUMP

24-6 1/4	Rod Slover	1976
24-6	Geoff Smithers	1968
23-10	Doug Harris	1990
23-7	Socrates Catavatis	1979
23-6 1/2	Dave Jagger	1970
23-6	Clark Collins	1990
23-6	Eric Welgat	1986
23-4 3/4	Chet Jacks	1978
23-4	Nick Kasap	1985
23-3 1/2	Brian Miller	2000

TRIPLE JUMP

48-0 1/4	Geoff Smithers	1968
47-5 1/4	Dave Jagger	1969
47-5	Greg Colberg	1984
47-3	Mark Nelson	1996
46-9 3/4	Phil Hess	1972
46-8 1/4	Pat Zeunik	2009
46-3 1/4	Craig Lyon	1998
46-0	Ken Larson	2001
45-10 1/2	Socrates Catavatis	1980
45-10	Brian Miller	1998

SHOT PUT

54-8 1/4	David Dempsey	1999
54-7 1/2	Ryan Carpenter	1995
53-1 3/4	Tim Holmstrom	1986
52-9	Frank Novak	1990
52-4 3/4	David Gonzalez	2003
51-10	Doug Cochrane	2005
51-2 1/2	Trent Sellers	1991
51-2	Don Jaggars	1972
51-1	Chris Swanson	1971
51-1	Mike Turk	1984

OLD RULES JAVELIN

231-3	Mike McCoy	1978
219-8	Jim Ogan	1968
218-1	Carl Anderson	1978
195-3	Randy Ems	1977
194-5	John Jacobs	1970

NEW RULES JAVELIN

197-7	Eric Welgat	1988
196-7	Jon Sebbby	2007
190-7	Doug Harris	1990
189-11	Jerry Howland	1985
188-1	David Voorhees	1999
186-6	Jeff Lackaff	2009
185-3	Todd Baldwin	2002
184-2	Mike Hesler	1992
182-8	Jeff Allen	1990

AUGUSTANA ALL-TIME PERFORMANCE LIST

POLE VAULT

16-7	Corey Christenson	1994
16-4 3/4	Jeff Lindeman	2003
16-1 1/4	Wes Jackson	2008
16-0 1/2	Dustin Waddell	1999
16-0	John Thompson	2008
16-0	Doug Felder	1976
16-0	Brett Anderson	1982
15-11	Tony Bonucci	2002
15-9 1/4	Steve Sulfridge	2008
15-9	Jim Eike	1981
15-9	Dan Rakestraw	1996

HIGH JUMP

7-3	Craig Lyon	1998
7-0	Ted McMillan	2006
6-10 3/4	Lonnie Hewitt	1980
6-10	Greg Haynie	1978
6-9	John Stanek	1973
6-8 3/4	Chris Cramer	1994
6-8 1/4	Chris Boldt	1997
6-8	Mike Schipper	1990
6-8	Todd Milbourn	1991
6-8	Bill Calliss	1990

DISCUS

170-8	Phil Christensen	2009
170-4	Dave Lingner	1981
167-2	Steve Perry	1973
166-5	Matt Dutton	1996
164-4	Bob Scott	1974
163-4	Jim Zajicek	1993
161-10	Tim Holmstrom	1986
161-2	David Gonzalez	2003
157-3	Tom McIntire	2005
155-5	Max Gaumer	1975

HAMMER THROW

185-7	Tom McIntire	2005
182-5	Darin Decker	2009
161-3	David Gonzalez	2003
160-5	Phil Christensen	2009
153-11	Ryan Coleman	2007
152-7	Brian Benning	2009

DECATHLON

6901	Socrates Catavatis	1981
6644	Dan Rakestraw	1996
6595	Ted McMillan	2008
6409	David Voorhees	2000
6391	Dennis VanderMeersch	1983
6364	Adam Talbot	2001
6208	Alex Stake	2009
6053	Lincoln Bode	1984
6032	Clark Collins	1990
6007	Mike Dzik	1984

400 RELAY

:41.00	Terry McMillan	1980
	Kofi Osei	
	Tom Sparkman	
	Mike Meyer	
:41.84	Geoff Smithers	1967
	Jim Braet	
	Paul Carlstedt	
	Mark Schaefer	
:41.85	Scott Tumilty	1996
	Mark Zemke	
	Kyle Poston	
	Rob Lee	
:41.90	David Walton	1996
	Mark Zemke	
	Kyle Poston	
	Rob Lee	
:42.04	Brad Price	1986
	Darin Davis	
	Dennis Fraikes	
	Leland Stanford	
:42.17	Brad Price	1984
	Kofi Osei	
	Ed Branigan	
	Leland Stanford	
:42.18	Brad Blake	2000
	Elliot Mosby	
	Nick Peck	
	Brian Miller	
:42.25	Jason Appel	2006
	Jay Watson	
	Rich Chanchico	
	Evan Holschbach	
:42.29	Evan Holschbach	2009
	Max Petersen	
	Kyle Eckberg	
	James Wood	
:42.30	Jaon Styzinski	2007
	Dillon Smith	
	Mike Lucchetti	
	Jay Watson	
:42.30	Chris Chantos	1999
	Aaron Moulton	
	Nick Peck	
	Chris Dryer	

1600 RELAY

3:13.13	Nate Hurt	1996
	Scott Tumilty	
	Mark Zemke	
	Rob Lee	
3:13.91	Evan Holschbach	2008
	Kyle Eckberg	
	Matt Somers	
	Ted McMillan	
3:14.34	Mike Lucchetti	2005
	Jay Watson	
	Dillon Smith	
	Jason Myers	
3:14.33	Nate Hurt	1995
	Scott Tumilty	
	Mark Zemke	
	Rob Lee	
3:14.34	Tony Cornelious	1975
	Dennis Hartz	
	Bill Yemm	
	Enyo Dewith	
3:14.64	Jim Braet	1969
	Eugene DuBois	
	Rich Hansen	

3:14.92	Vasillious Stambolis	1998
	Nick Peck	
	Randy Moore	
	Mike Tazic	
	Chris Dryer	
3:15.04	Kurt Redenbo	1982
	Tim Sparkman	
	Jim Coster	
	Tom Sparkman	
3:15.26	Kyle Ekberb	2007
	Dillon Smith	
	Jay Watson	
	Ted McMillan	
3:15.32	Nick Borchert	2009
	James Wood	
	Greg Davis	
	Kyle Eckberg	

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7:31.31	Mark Salaway	1983
	Dan Harlan	
	Eric Volkert	
	Ricci Washburn	
7:33.5	Dennis Hartz	1974
	Tom Todd	
	Bill Yemm	
	Fred Whiteside	
7:37.3	Dave Terronez	1989
	Trent Morrell	
	Dan Markham	
	Kevin Severson	
7:38.30	Brandon Vahl	2002
	Mike Bartlett	
	Ammon Paquette	
	Brad Cosentino	
7:39.90	Erik Nicoson	1996
	Nate Roe	
	Brett Dailey	
	Ambo Bati	
7:41.3	Dan Papineau	1981
	Mahlon Ericson	
	Steve Gramsch	
	Mark Nordstrom	
7:41.67	Larry Gant	2000
	Dave Quale	
	Matt Delagrang	
	Craig Lawrence	
7:41.7	Tony VanDeWalle	1985
	Doug Sand	
	Tom Krieger	
	Eric Volkert	
7:44.2	Ambo Bati	1994
	Erik Nicoson	
	Doug Bickford	
	Sandu Rebenciu	

AUGUSTANA INDIVIDUAL CCIW CHAMPIONS

2009	Indoor Ted McMillan (pentathlon, HJ, 55 Hurdles); 1600 Medley - Ted McMillan, Evan Holschbach, Kyle Eckberg, Nick Borchert; Pat Zeunik (Triple Jump) Outdoor Darin Decker (Hammer, DIS); Ted McMillan (HJ & 110 HH); Max Petersen (100 & 200); 400 Relay - Max Petersen, James Wood, Marty King, Kyle Eckberg; 1600 Relay - Greg Davis, James Wood, Nick Borchert, Kyle Eckberg; Greg Davis (400 IH); Andy Kubiak (3000 ST)	1995	Rob Lee (200 & 400); Ambo Bati (1500 & 10,000); Ryan Carpenter (SP); Matt Dutton (DIS); 1600 Relay - Nathan Hurt, Brett Dailey, Mark Zemke & Rob Lee.	1976	Doug Felder (PV); Mike McCoy (JAV).
2008	Indoor Ted McMillan (55 & HJ); 1600 Relay - Evan Holschbach, Kyle Ekberg, Matt Somers, Ted McMillan. Outdoor Ted McMillan (110 HH & 400 IH); Brad Holehan (3000 ST) 1600 relay - Evan Holschbach, Kyle Ekberg, Matt Somers, Ted McMillan	1994	Ambo Bati (800 & 1500); Sandu Rebenciuc (3000 ST); Ryan Carpenter (SP); Chris Cramer (HJ); Corey Christenson (PV).	1974	Dan Copper (10,000); Mike McCoy (JAV); Phil Hess (LJ & TJ); Enyo DeWith (400); Doug Felder (PV); 1600 Relay - Tony Cornelious, Bill Yemm, Tom Todd & Enyo DeWith.
2007	Indoor Rob Hanauer (800); Jeff Bailey (500); Ted McMillan (55 HH & HJ) Outdoor Ted McMillan (110 HH & 400 IH); Brad Holehan (3000 ST); Dave Winston (HJ); Jon Sebbby (JAV)	1993	Sandu Rebenciuc (1500); Chris Martin (400 IH); Clark Collins (DEC).	1973	Mike O'Connell (PV); Enyo DeWith (400 & LJ); Tony Cornelious (400 IH); John Stanek (HJ); 1600 Relay - Craig Beveroth, Scott Stephens, Pete Holmer & Enyo DeWith.
2006	Indoor Tom McIntire (35 WT) Outdoor Nick Johnson (3000 ST); Ted McMillan (400 IH & HJ); Tom McIntire (Hammer); Jason Petit (PV)	1992	Sandu Rebenciuc (1500, 5000 & 10,000); Jim Zajicek (DIS); Gary Kwak (110 HH); Clark Collins (DEC).	1972	Pete Holmer (400); Phil Hess (TJ); Tony Corneli- ous (400 IH); 1600 Relay - Craig Anderson, John Holmer, Rich Hansen & Pete Holmer.
2005	Indoor Tom McIntire (35 WT); Doug Cochrane (SP) Outdoor David Winston (400 IH); Tom McIntire (Ham- mer); Doug Cochrane (SP)	1991	Sandu Rebenciuc (800 & 1500); Dan Markham (400); Gary Kwak (110 HH); Mike Hesler (JAV).	1971	Gary Holliday (PV); Pete Holmer (200); Jon Jacobs (JAV).
2004	Indoor 800 Relay - Dillon Smith, Joe Mastrino, Micah Kelsey, Jason Myers; Tom McIntire (35 WT) Outdoor Jason Williams (800); Nick Johnson (3000 Steeplechase); Ken Larson (Triple Jump); Tom McIntire (Hammer)	1990	Frank Novak (SP); Jeff Kollmeyer (3000 ST); Dave Terronez (5000 & 10,000); Mike Schipper (HJ).	1970	Gene DeBoise (200 & 400); Dave Jagger (TJ & LJ); Jon Jacobs (JAV); Jeff Johnson (HJ); 1600 Relay - Gene DeBoise, Bill Stambolis, Rich Hansen & Pete Holmer.
2003	Indoor Mike Bartlett (800); David Gonzalez (35 WT) Outdoor Brad Blake (100); Mike Bartlett (800); Nick Johnson (3000 steeplechase); Jeff Lindeman (pole vault); David Gonzalez (shot put); Adam Talbot (decathlon)	1989	Frank Novak (SP); Jim Jennings (DIS) Jeff Kollmeyer (3000 ST).	1969	Dave Jagger (TJ & LJ); Rich Hansen (800); Bill Stambolis (200); Jim Braet (400 IH); Jeff Johnson (HJ); 1600 Relay - Jim Braet, Gene DeBoise, Bill Stambolis & Rich Hansen.
2002	Indoor Rudy Kovachevich (5000); David Gonzalez (35 WT) Outdoor Tony Bonucci (PV); Adam Talbot (DEC)	1988	Jim Jennings (DIS); Dave Knoeppel (PV); 1600 Relay - Joe Butler, Jon Micetich, Gary Katula & Darin Davis.	1968	Gene DeBoise (400); Geoff Smithers (TJ); Paul Carlstedt (100 & 200); Dave Jagger (LJ); Marty Creager (5000); Jim Ogan (JAV); 1600 Relay - Jim Braet, Dave Rideniour, Gene DeBoise & Jim Ogan.
2001	Indoor Brad Blake (55); Tony Bonucci (PV); David Gonzalez (35 WT); Distance Medley - Steve Wahls, Tim Heisler, Chris Coon, Craig Lawrence	1987	Jeff Kollmeyer (3000 ST).	1967	Mark Schaefer (200 & 400); Jim Ogan (JAV); Geoff Smithers (LJ, HJ & TJ); Marty Creager (800); Jim Braet (400 IH); 1600 Relay - Marty Creager, Jim Braet, Jim Ogan & Mark Schaefer
2000	David Voorhees (DEC).	1986	Tim Holmstrom (SP); Doug Atkinson (PV); Leland Stanford (200); 400 Relay - Brad Price, Dennis Fraikes, Darin Davis & Leland Stanford.	1966	Mark Schaefer (400); Jim Ogan (JAV); Geoff Smithers (LJ & HJ); Jim Braet (110 HH); 1600 Relay - Paul Carlstedt, John Coolidge, Jim Braet & Mark Schaefer.
1999	Chris Dryer (400); Dustin Waddell (PV); David Voorhees (JAV & DEC); 1600 Relay - Chris Dryer, Nick Peck, Randy Moore & Mike Tazic.	1985	Eric Volkert (1500); Ken Harris (400 IH); Phil Lundahl (JAV); Tim Holmstrom (DIS); Nick Kasap (LJ); Doug Sand (800); Mike Turk (SP).	1965	Jim Ogan (400 & PV); John Coolidge (800); Ken Young (400 IH); 400 Relay - Ira Weisberg, Les Swenson, Ken Young & Paul Carlstedt; 1600 Relay - Jim Ogan, Paul Carlstedt, Ken Young & John Coolidge.
1998	Ambo Bati (5000 & 10,000); Chris Chantos (400 IH); David Voorhees (JAV).	1984	Eric Volkert (1500); Shemi Sabag (5000); Steve Immke (400 IH); Nick Kasap (LJ); John Roche (PV); Mike Turk (SP).	1964	Dave Clark (400); Fred Whiting (100); John Coolidge (800); 400 Relay - Paul Matson, Dave Clark, Mark Schaefer & Fred Whiting; 1600 Relay - Mark Schaefer, Ken Young, Dave Clark & Paul Matson.
1997	Kyle Poston (100 & 200); Jesse Heath (110 HH); Dustin Waddell (PV); Chris Boldt (HJ).	1983	Ric Washburn (800); Shemi Sabag (5000); Barry Clayton (110 HH); Greg Colberg (TJ); John Roche (PV); Dennis Vandermeersch (DEC).	1963	Carl Mason (JAV); Ward Thompson (PV).
1996	Kyle Poston (100); Rob Lee (400); Ambo Bati (1500, 5000, & 10,000); Mark Zemke (400 IH); Corey Christenson (PV); Dan Rakestraw (DEC); 400 Relay - Corey Chris- tenson, Mark Zemke, Kyle Poston & Rob Lee; 1600 Relay - Nathan Hurt, Mark Zemke, Chris Dryer & Rob Lee.	1982	Kofi Osei (100); Kevin Knourek (110 HH); Steve Gramsch (1500); Lonnie Hewitt (HJ); Jerry Kirkpatrick (JAV); Brett Anderson (PV); Socrates Catavatis (DEC); 1600 Relay - Tim Sparkman, Tom Sparkman, Jim Coster & Kurt Redenbo.	1962	Fred Whiting (100); Ward Thompson (PV).
		1981	Socrates Catavatis (DEC & LJ); Brett Anderson (PV); Lonnie Hewitt (HJ); Rob Jensen (3000 ST); Dave Lingner (DIS); Steve Gramsch (1500); Greg Colberg (TJ); Kofi Osei (100); Tony Hurd (5000); 400 Relay - Terry McMillan, Norm Ross, Tom Sparkman & Kofi Osei.	1961	Arv Herstedt (SP); Jerry Frei (LJ); 1600 Relay.
		1980	Mel Blaser (JAV); Socrates Catavatis (DEC & LJ); Rob Jensen (3000 ST); Dave Lingner (DIS); Mike Meyer (100 & 200); Mark Nordstrom (800); Brett Anderson (PV); 400 Relay - Terry McMillan, Kofi Osei, Tom Sparkman & Mike Meyer; 1600 Relay - Tim Sparkman, Mike Barber, Tom Sparkman & Mike Meyer.	1960	Gary Wieneke (800); Arv Herstedt (SP).
		1979	Mark Schick (PV); Mike Meyer (200); Chet Jacks (LJ); Greg Haynie (HJ); Rich Moore (3000 ST); Dave Lingner (DIS); 400 Relay - Terry McMillan, Tom Sparkman, Mark Zoran & Mike Meyer; 1600 Relay - Tim Sparkman, Randy Davidson, Tom Sparkman & Mike Meyer.	1959	Arv Herstedt (DIS); 1600 Relay
		1978	Mark Schick (PV); Carl Anderson (JAV); Greg Haynie (HJ).	1953	Bill Johnson (PV).
		1977	Mark Cipolle (400 IH); Dan Copper (5000 & 10,000); Carl Anderson (JAV); Greg Haynie (HJ).	1952	Dave Exline (200); Bill Johnson (PV).
				1949	Richard Bjork (100 & 200); George Nelson (JAV).
				1948	Robert Downing (HJ).

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AUGUSTANA VIKINGS MEN'S TRACK & FIELD HISTORY

YEAR	W	L	CONF	NCAA	COACH						
1919	0	1			A.V. Swedberg	1966	4	1	#2 nd		Armin Pipho
1921	1	1			A.V. Swedberg	1967	6	0	#1 st		Armin Pipho
1922	0	3			A.V. Swedberg	1968	7	1	@1 st		Armin Pipho
1923	0	2			A.V. Swedberg	1969	2	5	@1 st	35 th	Paul Olsen
1924	0	2			A.V. Swedberg	1970	4	2	@1 st	-----	Paul Olsen
1925	0	3			A.V. Swedberg	1971	4	1	@2 nd	-----	Paul Olsen
1926	0	3			A.V. Swedberg	1972	4	0	@1 st	-----	Paul Olsen
1927	0	2			A.V. Swedberg	1973	6	1	@1 st	40 th	Paul Olsen
1928	3	2			A.V. Swedberg	1974	4	0	@1 st	6 th	Paul Olsen
1929	3	1			A.V. Swedberg	1975	1	1	@2 nd	2 nd	Paul Olsen
1930	2	2			A.V. Swedberg	1976	2	2	@2 nd	25 th	Paul Olsen
1931	1	5			A.V. Swedberg	1977	3	1	@2 nd	16 th	Paul Olsen
1932	2	1			Bill Kaminski	1978	4	0	@2 nd	19 th	Paul Olsen
1933	1	2			Bill Kaminski	1979	5	0	@2 nd	34 th	Paul Olsen
1934	1	2			Bill Kaminski	1980	5	0	@1 st	4 th	Paul Olsen
1935	1	6			Bill Kaminski	1981	4	1	@1 st	2 nd	Paul Olsen
1936	3	4			H.V. Almquist	1982	1	0	@1 st	10 th	Paul Olsen
1937	4	2			H.V. Almquist	1983	1	0	@1 st	20 th	Paul Olsen
1938	8	0	*5 th		L.C. Brissman	1984	1	0	@1 st	10 th	Paul Olsen
1939	6	1	*6 th		L.C. Brissman	1985	0	1	@2 nd	-----	Paul Olsen
1940	0	6	*8 th		L.C. Brissman	1986	2	1	@2 nd	42 nd	Paul Olsen
1941	1	4	*4 th		L.C. Brissman	1987	0	1	@2 nd	41 st	Paul Olsen
1942	1	5	*9 th		John Briley	1988	1	0	@2 nd	61 st	Paul Olsen
1943	1	3	*5 th		L.C. Brissman	1989	0	0	@2 nd	52 nd	Paul Olsen
1944	2	1	*2 nd		L.C. Brissman	1990	0	0	@2 nd	22 nd	Paul Olsen
1945	6	2	*1 st		L.C. Brissman	1991	0	0	@2 nd	32 nd	Paul Olsen
1946	1	6	#4 th		L.C. Brissman	1992	0	0	@2 nd	7 th	Paul Olsen
1947	3	2	#2 nd		Vince Lundeen	1993	0	0	@2 nd	9 th	Paul Olsen
1948	4	1	#5 th		Vince Lundeen	1994	0	0	@2 nd	8 th	Paul Olsen
1949	4	2	#2 nd		Vince Lundeen	1995	0	0	@2 nd	5 th (out)	Paul Olsen
1950	3	4	#4 th		Vince Lundeen				6 th (in)		
1951	3	2	#3 rd		Vince Lundeen	1996	2	0	@2 nd	4 th (out)	Paul Olsen
1952	2	2	#4 th		Vince Lundeen				10 th (in)		
1953	0	3	#5 th		Vince Lundeen	1997	0	0	@2 nd	10 th (in)	Paul Olsen
1954	0	7	#4 th		Vince Lundeen	1998	0	1	@2 nd	22 nd (out)	Paul Olsen
1955	3	4	#4 th		L.C. Brissman				6 th (in)		
1956	3	3	#4 th		L.C. Brissman	1999	0	1	@2 nd	56 th (out)	Paul Olsen
1957	3	2	#6 th		L.C. Brissman	2000	0	1	@2 nd (out)	56 th (out)	Paul Olsen
1958	2	3	#8 th		L.C. Brissman			@2 nd (in)	27 th (in)		
1959	3	3	#5 th		L.C. Brissman	2001	0	1	@3 rd (out)	62 nd (out)	Paul Olsen
1960	3	2	#3 rd		L.C. Brissman			@2 nd (in)	30 th (in)		
1961	3	2	#4 th		Ray Loeschner	2002	0	1	@2 nd (out)	-----	Paul Olsen
1962	3	2	#4 th		L.C. Brissman			@3 rd (in)	-----		
1963	4	1	#5 th		L.C. Brissman	2003	1	0	@2 nd (out)	56 th (out)	Paul Olsen
1964	3	1	#1 st		L.C. Brissman			@3 rd (in)	-----		
1965	4	2	#1 st		L.C. Brissman	2004	0	0	@2 nd (out)	-----	Paul Olsen
							0	0	@2 nd (in)	-----	
						2005	0	0	@3 rd (out)	39 th	Paul Olsen
							0	0	@4 th (in)	-----	
						2006	0	0	@2 nd (out)	18 th	Paul Olsen
							0	0	@2 nd (in)	26 th	
						2007	0	0	@2 nd (out)	8 th	Paul Olsen
							0	0	@2 nd (in)	45 th	
						2008	0	0	@1 st (out)	16 th	Paul Olsen
							1	0	@2 nd (in)	46 th	
						2009	0	0	@2 nd (out)	44 th	Paul Olsen
							2	0	@2 nd (in)	11 th	

* - Illinois Collegiate Conference (Little 19)

- College Conference of Illinois

@ - College Conference of Illinois & Wisconsin

The College Conference of Illinois and Wisconsin

Now in its 64th year, the College Conference of Illinois & Wisconsin (CCIW) enjoys a reputation as the "Best Small-College Conference in the Nation." The league was formed with nine charter members (Augustana, Carthage, Elmhurst, Illinois College, Illinois Wesleyan, Lake Forest, Millikin, North Central and Wheaton) on April 26, 1946 in Jacksonville, Illinois. Competition opened in the 1946-47 academic year as the College Conference of Illinois.

Carthage left the conference in 1952 but returned in 1961. In 1967 the name was changed to the College Conference of Illinois & Wisconsin to recognize Carthage, which had moved to Kenosha, Wisconsin from Carthage, Illinois in 1962, and Carroll, which entered the league in 1955.

As is often the case with athletic conferences, CCIW membership has experienced some changes since the league's inception. After Carthage left in 1952, Illinois College withdrew the following year. Elmhurst and Wheaton left following the 1959-60 academic year. Wheaton rejoined for all sports but football in 1967 and then for football in 1970. Elmhurst rejoined in the fall of 1967 for all sports but football and for football in the 1968 season. Carroll joined officially with the 1955 spring sports seasons. Carthage returned in 1961 and North Park entered the following fall. Lake Forest dropped out at the end of the 1962-63 year. The last change in CCIW membership came following the 1991-92 season when Carroll withdrew.

Now eight members strong, the CCIW continues its tradition of athletic and academic excellence. The league sanctioned women's sports for the first time in the 1986-87 school year and Augustana participated in the first ever women's competition. That was on September 14, 1986 when the Vikings met North Central in a volleyball match that was held at Elmhurst College.

The College Conference of Illinois & Wisconsin sanctions 21 sports: baseball, men's and women's basketball, men's and women's cross country, football, men's and women's golf, men's and women's soccer, softball, men's and women's swimming, men's and women's tennis, men's and women's indoor track & field, men's and women's outdoor track & field, volleyball and wrestling. Augustana will welcome its 11th women's varsity sport, lacrosse, for the 2010-11 season. Women's lacrosse is not currently a CCIW sport.

Augustana owns more CCIW team championships than any other school in the league with 173 total. Of those 173, the men have won 135 and 38 belong to the women.

Track & field has been a conference sport since the beginning with the CCIW crowning its first champion (Wheaton) in the 1946-47 school year. Augustana won its first conference track & field title in 1964 under the direction of L.C. Brissman. Since that time the Vikings have captured a total of 14 league championships.

Augustana's All-Time Team CCIW Champions

Men (135)

BASEBALL: 1952-65-68-74 (Division Champs in 1989-96)

BASKETBALL: 1963-71-72-73-74-81-82-93-03-06-07-08

CROSS COUNTRY: 1969-70

FOOTBALL: 1949-66-68-75-81-82-83-84-85-86-87-88-90-91-93-94-97-99-01-05-06

GOLF: 1955-64-65-66-69-72-73-75-76-78-79-80-81-82-97-99

SOCCER: 2002

SWIMMING & DIVING: 1947-48-49-67-69-70-71-82

TENNIS: 1947-48-55-56-60-65-66-67-68-70-72-74-75-77-78-81-82-83-84-85

TRACK & FIELD: 1964-65-67-68-69-70-72-73-74-80-81-82-83-84-08

WRESTLING: 1963-64-65-66-67-68-69-70-71-72-74-75-79-80-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-98-99-00-01-02-03-04

Women (38)

BASKETBALL: 1987-89-90-91-93

CROSS COUNTRY: 1990-91-94-96-97-98

SOCCER: 2009

SOFTBALL: 2004-06

SWIMMING & DIVING: 1988-89-90-93-95-97

TENNIS: 1993-94-96-97

TRACK & FIELD: 1988-91-93-94-95-96-97-98-99-00-01-08

VOLLEYBALL: 1996-01





Augustana Vikings 2010 Men's Track and Field Schedule

DATE	MEET	SITE	TIME
Indoor			
January 9	Intrasquad	TBA	TBA
January 16	Spartan Invitational	Dubuque, IA	11 a.m.
January 23	Midwest Invitational	Monmouth, Illinois	11 a.m.
January 30	Wartburg Invitational	Waverly, Iowa	11 a.m.
February 5	UW-Whitewater	Whitewater, Wisconsin	6 p.m.
February 13	Augustana Open	Carver/PepsiCo	10 a.m./Noon
February 19	University of Iowa	Iowa City, Iowa	5 p.m.
February 20	University of Dubuque	Dubuque, Iowa	1 p.m.
February 26	CCIW Championships	Naperville, Illinois	3 p.m.
February 27	CCIW Championships	Naperville, Illinois	11 a.m.
March 6	UW-Pointer Qualifier	Stevens Point, Wisconsin	11 a.m.
March 12	NCAA Nationals	Green Castle, Indiana	All Day
March 13	NCAA Nationals	Green Castle, Indiana	All Day
Outdoor			
March 20	Early Spring Opener	Home	Noon
March 27	Viking Olympics	Home	Noon
April 3	Wartburg Select	Waverly, Iowa	Noon
April 9	Western Illinois Invitational	Macomb, Illinois	4 p.m.
April 10	Western Illinois Invitational	Macomb, Illinois	9 a.m.
April 17	Meet of Champions	Home	Noon
April 23	Drake Relays	Des Moines, Iowa	All Day
April 24	Drake Relays	Des Moines, Iowa	All Day
April 24	Loras Invitational	Dubuque, Iowa	11 a.m.
May 1	Quadrangular	Monmouth, Illinois	11 a.m.
May 7	CCIW Championships	Wheaton, Illinois	11 a.m.
May 8	CCIW Championships	Wheaton, Illinois	2 p.m.
May 14	Twilight Qualifier	Naperville, Illinois	4 p.m.
May 21	Augustana Twilight	Home	5. p.m.
May 27-29	NCAA Championships	Berea, Ohio	TBA

ILLINOIS COLLEGIATE CONFERENCE CHAMPIONS: 1945

COLLEGE CONFERENCE OF ILLINOIS & WISCONSIN CHAMPIONS: 1964 -1965 - 1967 - 1968 - 1969 - 1970 - 1972 - 1973 - 1974 - 1980 - 1981 - 1982 - 1983 - 1984 - 2008

NCAA DIVISION III TOP TEN FINISHES: 1974 - 6th; 1975 - 2nd; 1980 - 4th; 1981 - 2nd; 1982 - 10th; 1984 - 10th; 1992 - 7th; 1993 - 9th; 1994 - 8th; 1995 - 6th indoors & 5th outdoors; 1996 - 10th indoors & 4th outdoors; 1997 - 10th indoors; 1998 - 6th indoors; 2007 - 8th outdoors